



## Legislation Text

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**File #:** 26892, **Version:** 1

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### **Fiscal Note**

No appropriation is required.

### **Title**

Authorizing the Mayor and City Clerk to enter into an agreement to form a local chapter of Just Walk! Inc. to create a A Walk with a Doc program.

### **Body**

WHEREAS, walking can reverse the consequences of a sedentary lifestyle and improve the health and well-being of individuals as well as our community; and

WHEREAS, Walk with a Doc is a free program for anyone interested in taking steps for their health by enjoying a refreshing, rejuvenating walk in the park; and

WHEREAS, the City of Madison and Madison Parks are interested in promoting active recreational opportunities; and

WHEREAS, being able to walk with a doctor empowers individuals who may not otherwise participate in outdoor recreation to do so safely and confidently; and

WHEREAS, Walk with a Doc program has a proven track record of helping people commit to a healthy lifestyle through the encouragement of physicians and interaction with others interested in improving their health.

NOW, THEREFORE, BE IT RESOLVED that the Common Council authorizes the Mayor and City Clerk to enter into an agreement with Just Walk! Inc. to establish A Walk with a Doc program; and

BE IT FURTHER RESOLVED that the agreement shall be in a form approved by the Risk Manager and the City Attorney.