

From: Hnub Yang <hyang@anesistherapy.com>
Sent: Tuesday, January 15, 2019 10:11 AM
To: All Alders
Subject: 2019 Funding for Anesis Therapy

General Information

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Should we contact you?: Yes

Message:

Dear Alders,

Thank you for supporting the Hmoob Kaj Siab Program formerly known as Kajsiab House after the closing of Kajsiab House. Due to your support, the Hmong, Lao, and Khmer communities are able to continue receiving culturally sensitive mental health services in a safe and comfortable environment. I would like to do an introduction about myself and the role that I had and continue to have at the Hmoob Kaj Siab Program.

My name is Hnub Yang and I was formerly a Clinician at Kajsiab House. When clients heard that Kajsiab House will be closing due to budget and funding problems, many of the clients were devastated and were unsure of where to go for continuing services. With help from the Hmong Institute and Anesis Therapy, we were able to continue providing mental health services for the Hmong, Laos, and Khmer communities after the closing of Kajsiab House. Unfortunately, with the creation of the Southeast Asian Healing Center, it has caused a division between the clients and their peers. This has created more stress within our clients, as well as re-triggering unnecessary trauma and mental health symptoms. During this division, many clients mentioned horrifying threats that they received from staff members at the Southeast Asian Healing Center. Listed below are actual sentences that clients mentioned to my colleague and I:

- “I don’t know what to do. I was told that if I come there Hmoob Kaj Siab, I would get arrested.”
- “A staff member from the Southeast Asian Healing Center keeps calling me and telling me that I should not go to the Hmoob Kaj Siab Program anymore.”
- “I was told that if I continue to go to the Hmoob Kaj Siab Program, I will not be welcome at the Southeast Asian Healing Center.”
- “I’m afraid to tell them that I am coming over here Hmoob Kaj Siab because I don’t know what they will do or say to the Hmong community about me.”

Although the division has been stressful to many, it has also alleviated a lot of stress as well. Clients who felt uncomfortable with former staff members those who have moved on with the Southeast Asian Healing Center now feels safe and comfortable attending the Hmoob Kaj Siab day program. Clients who were denied services at the former Kajsiab House is now able to receive mental health services at the Hmoob Kaj Siab Program. We are currently receiving more hospital referrals of new and former clients who needs culturally sensitive mental health services. Currently, my role is to provide mental health services as a Service Facilitator through the CCS program. The Hmoob Kaj Siab Program also provide one on one support, case management, socialization, hot meals, monthly therapeutic field trips, daily activities, and psychiatric evaluation and medication. One of our main goals this year is to bring back the women’s support group where clients can feel safe to talk about their mental health and receive support from one

another.

We are grateful for the 2018 funding, which has allowed us to continue the day program along with providing mental health services. We are hopeful that the 2019 funding will get approved as well, which will be used to continue providing culturally sensitive and competent mental health services for the Hmong, Lao, and Khmer communities. This grant will allow the day program to continue running, along with creating new positions that will help sustain the program overall.

Sincerely,
Hnub Yang, MSW, APSW
Service Facilitator
Hmoob Kaj Siab Program – Anesis Therapy

Recipient:
All Alders