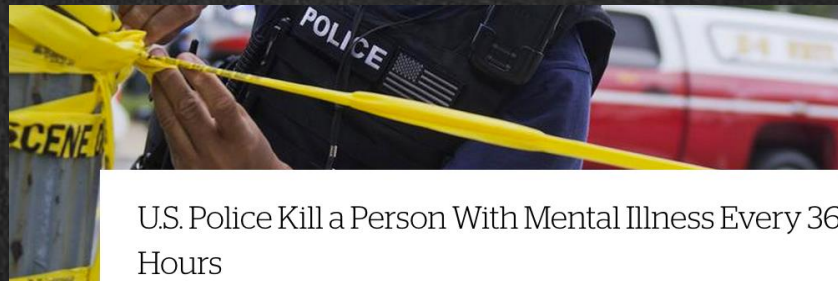




Online & In-person De-escalation Training for Law Enforcement Officers

Dr. Yasmeen Krameddine
University of Alberta
ProTraining

Training police to have the best possible outcomes when interacting with those who are in distress



U.S. Police Kill a Person With Mental Illness Every 36 Hours

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News > **Australia news**

Almost half of people shot dead by Australian police were mentally ill

Report says 44 out of 105 fatal shootings in the past 22 years were of people with mental illness

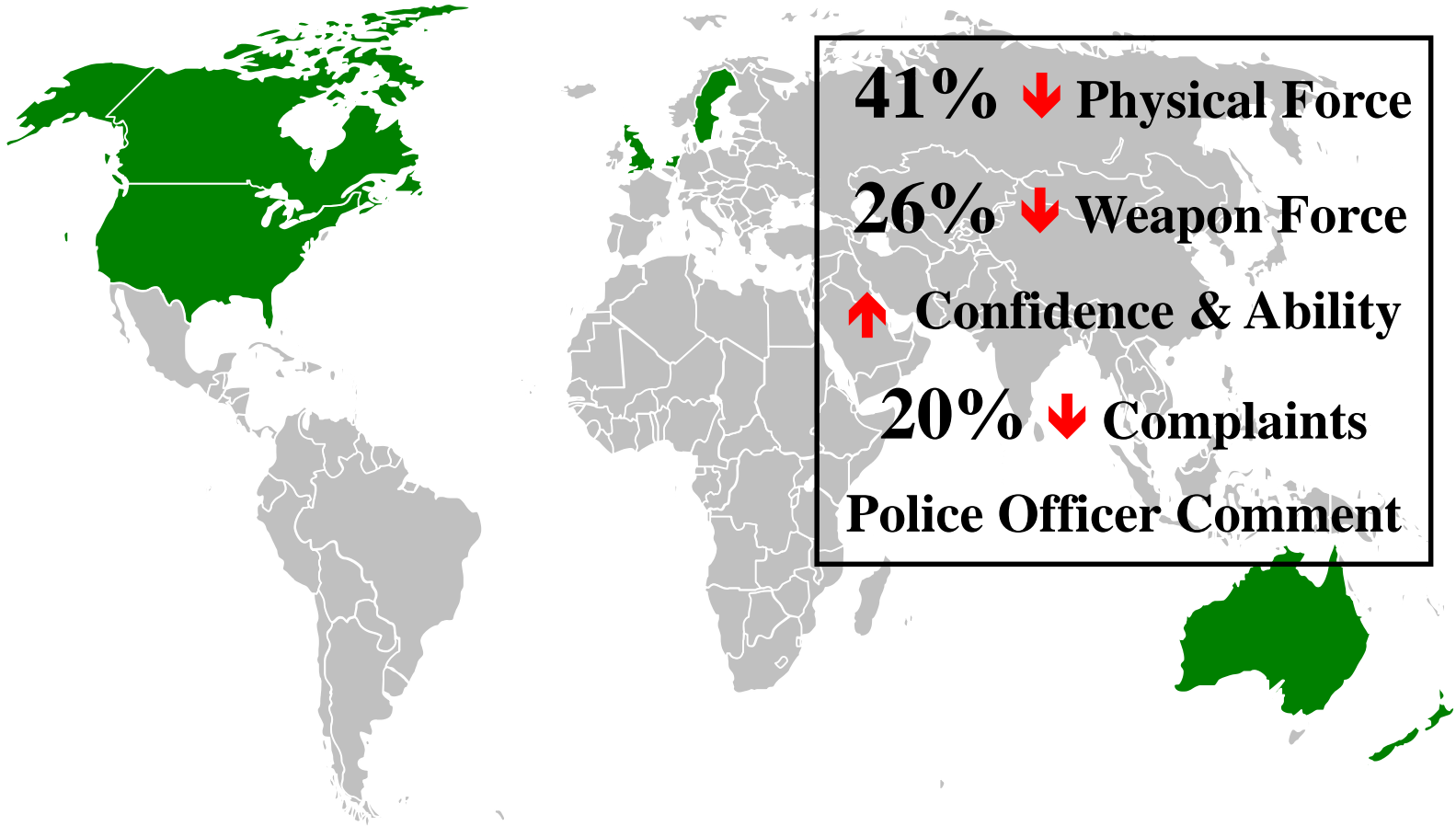
Nick Evershed and Oliver Laughland
theguardian.com, Thursday 30 May 2013 08.58 BST

37–50% fatally shot by police
had a mental health problem
(Canada, UK, Australia &
USA)

University of Alberta – 5 Year Study

- Department of Psychiatry in collaboration with local Police Service
- 19 training days, 663 officers
- 16 professional actors
- 6 realistic & reproducible hands-on scenarios
- Active listening, verbal/non-verbal communication techniques, de-escalation
- Unique actor reactions & feedback





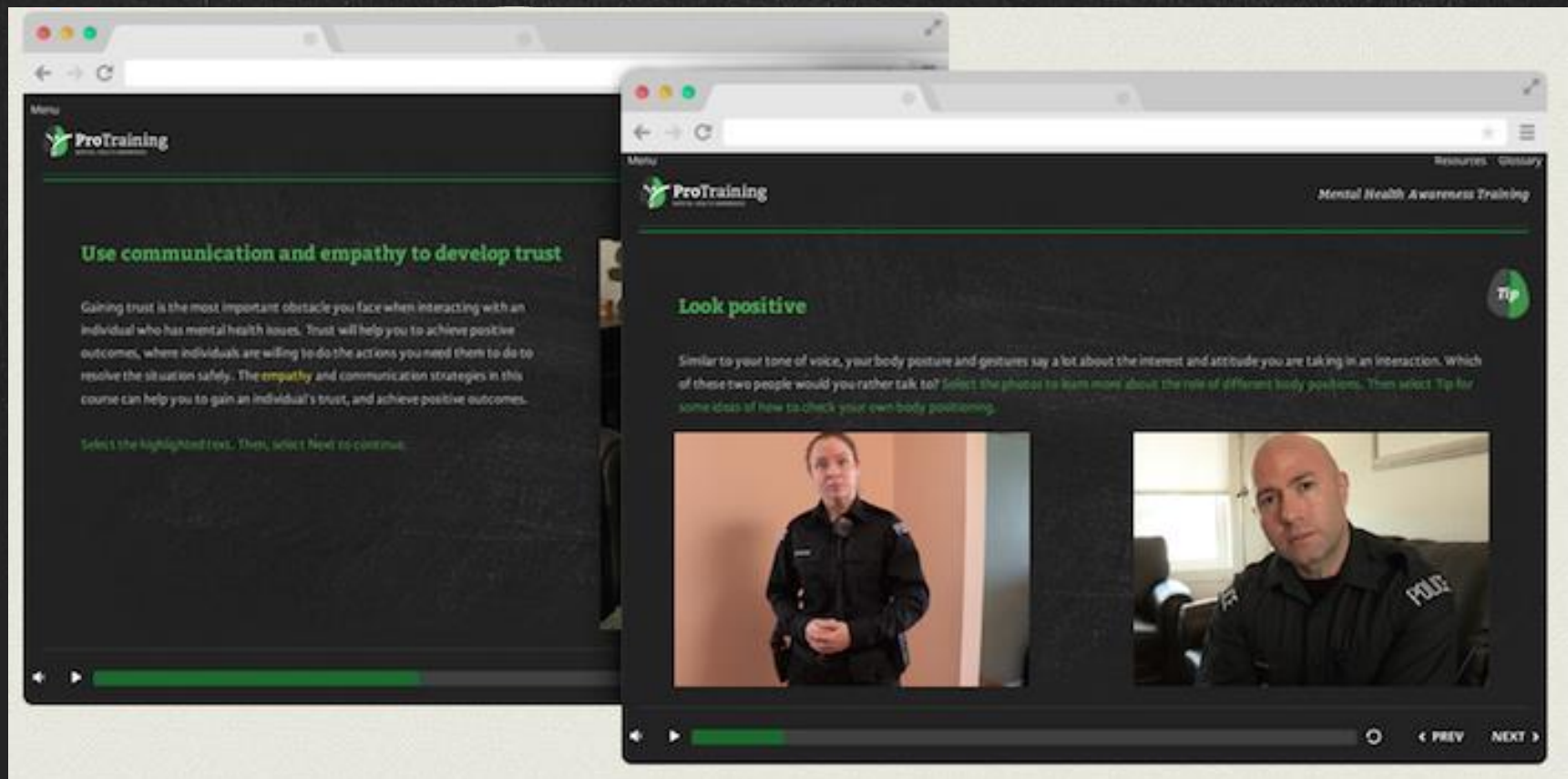
Krameddine et.al, 2013

Silverstone et.al, 2013

Krameddine & Silverstone, 2015 (over **22,000** views)

Unit 1- Demo

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Awards



Current Organizations Implementing Unit 1



Winnipeg Police Service

Waterloo Police Service

Bathurst Police Service

Peterborough Lakefield Community Police Service

Kawartha Lakes Police Service

University of Alberta

MacEwan University

University of Saskatchewan

University of Guelph

University of Toronto

York University

Training Inc.

Vancouver Park Ranger

Disability Adult Transit YEG

Go Transit

Maskwacis Ambulance Authority

Government of Canada— Department of Finance



Paradise Valley Police

Sweetwater County Sheriffs

Boulder County Sheriffs

Rhode Island University

Fairbanks Police Department

University of Oregon

Unit 2: In-Person Interactive Mental Health Training

Edmonton Police Service
Winnipeg Police Service
Waterloo Police Service
University of Alberta
MacEwan University
University of Saskatchewan
York University



Unit 2: CUSTOM In-Person Interactive Mental Health Training

Bus Operators



Currently Creating training for:

- Customer Service Workers
- Paramedics

“Our members are demonstrating an increase in confidence and efficiency in responding to mental health “calls for assistance”. They have seen the effectiveness of an empathic, compassionate, and knowledgeable approach to providing assistance.”

Sgt. Stewart Cuzner
University of Saskatchewan

Customizable Resiliency Training



Online & In-person Training

Sworn

Leaders

Non-Sworn



Recommendations * See Document

- 1 All officers receive live action scenario based de-escalation training.
2. The individuals used to portray escalated individual are actors that can give effective feedback.
3. Refresher training can be either in-person or online, and occurs at least every 3 years
4. De-escalation training should be incorporated into all in-person training.
5. All training must be evidence based
6. Following de-escalation training it is important to train police in stress reduction techniques so officers can recall de-escalation techniques taught while under pressure
7. Resilience training

Questions & Next Steps

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