

MEAT TACOS (1) (GF) \$3.95

W/ A SIDE OF MILD GREEN OR SPICY RED SAUCE.

CON SALSA ROJA PICANTE O VERDE MEDIO PICANTE AL LADO.

- ❖ *TINGA* *W/ LETTUCE & TOMATO (CHICKEN)
- ❖ *AL PASTOR* *W/ ONION & CILANTRO (PORK)
- ❖ *ASADA* *W/ ONION & CILANTRO (STEAK)

SHRIMP TACOS (1) (GF) \$4.25

COOKED W/ CHIPOTLE SAUCE ON A BED OF CABBAGE
W/ AVOCADO, HONDURAN CREAM, AND CILANTRO.
MADE WITH FLOUR TORTILLAS FOR AN EXTRA CHARGE.

VEGGIE TACOS (GF, V) \$10.95

ORDER OF 3. CORN TORTILLAS FILLED WITH SAUTÉED
BELL PEPPERS, ONION, MUSHROOMS, & TOMATO.
TOPPED W/ AVOCADO & CILANTRO. (INDIVIDUAL
TACOS \$3.95 EACH)

ORDEN DE 3. TORTILLAS DE MAIZ RELLENAS DE CHILE
DULCE, CEBOLLA, TOMATE, Y HONGOS SAZONADOS.
VIENE CON AGUACATE Y CILANTRO ENCIMA. (TACOS
INDIVIDUALES A \$3.95 CADA UNO)

BURRITO \$12.95

LARGE FLOUR TORTILLA STUFFED W/ REFRIED BEANS,
MEXICAN RICE, LETTUCE, CHEDDAR CHEESE, & EITHER
ASADA (BEEF), AL PASTOR (PORK), CHICKEN, OR
ROASTED VEGGIES. W/ HOT SAUCE ON THE SIDE.

UNA TORTILLA DE HARINA GRANDE RELLENA DE
FRIJOLES REFritos, ARROZ MEXICANO, LECHUGA, QUESO
CHEDDAR, Y OPCION DE CARNE ASADA, AL PASTOR,
POLLO, O VEGETALES ROSTISADOS. CON SALSA AL
LADO.

*** EATING RAW OR UNDERCOOKED MEATS, POULTRY,
SEAFOOD OR EGGS MY INCREASE YOUR RISK OF
FOODBORNE ILLNESS. ***

*** COMER CARNES, AVES DE CORRAL, MARISCOS O
HUEVOS CRUDOS O POCO COCIDOS, AUMENTA EL RIESGO
DE ENFERMEDADES TRANSMITIDAS POR LOS ALIMENTOS.

(VG) VEGETARIAN, (V) VEGAN, (GF) GLUTEN FREE, (DF) DAIRY FREE

SIDES ORDERS

1 EGG \$1.50

2 EGGS \$2.75

1 PANCAKE \$3.00

1 CHOC. CHIP PANCAKE \$3.25

BACON (3) \$4.50

SAUSAGE LINKS (3) \$3.50

ROASTED POTATOES \$3.75

TOAST \$1.00

AVOCADO SLICES \$2.00

MEXICAN RICE \$4.25

HONDURAN RICE N' BEANS \$4.25

HONDURAN REFRIED BEANS \$4.25

WHITE RICE \$3.00

PLATANO FRITO (SLICES) \$4.95

FRENCH FRIES \$3.75

HANDMADE FLOUR TORTILLA (1) \$1.00

SIDE SALAD \$4.25

CURTIDO CUP (PUPUSA) \$4.25

PUPUSA SAUCE (3oz) \$1.25

SOUP CREAM (3oz) \$1.25

RED/GREEN SAUCE (3oz) \$1.25

PLEASE ORDER AT THE COUNTER. POR FAVOR ORDENED EN LA CAJA.

\$2.50 TO SPLIT A MEAL IN TWO PLATES. EXTRA SIDES ARE AN ADDITIONAL CHARGE, AGREGAR COSAS A UN PLATILLO ES COSTO EXTRA.

TAJADAS CON POLLO (GF) \$18.75

FRIED GREEN BANANA CHIPS W/ CABBAGE SALAD, A FRIED CHICKEN LEG & THIGH, CHEESE, TOMATO & ONION SAUCE, & PICKLED ONIONS. (PLEASE GIVE AN ADDITIONAL 15 MINUTES TO COOK)

TAJADAS DE GUINEO VERDE, REPOLLO, PIERNA Y MUSLO DE POLLO FRITO, CON UNA SALSA DE TOMATE Y CEBOLLA, CON CEBOLLA ROJA Y CHIRMOL. (POR FAVOR DAR 15 MINUTOS ADICIONALES PARA COCINAR)

PLATO TIPICO (GF) \$16.75

HONDURAN CREAM, RICE N' BEANS, AVOCADO, CHIRMOL, PICKLED ONION. CHOICE OF BEEF OR CHICKEN, CHOICE OF CORN TORTILLAS, FRIED PLANTAIN, OR 2 FLOUR TORTILLAS.

MANTEQUILLA HONDUREÑA, RICE N' BEAN, AGUACATE, CHIRMOL, CEBOLLA ROJA, CON OPCION DE RES O POLLO, TORTILLAS DE MAIZ, PLATANO FRITO, O 2 TORTILLAS DE HARINA.

TRADITIONAL HN BREAKFAST (GF) \$17.50

FRESH CHEESE, HONDURAN CREAM, REFRIED BEANS, 2 EGGS, AVOCADO, CHOICE OF CORN TORTILLAS, FRIED PLANTAIN, OR 2 FLOUR TORTILLAS. A CHOICE OF BEEF OR CHICKEN.

QUESO FRESCO, MANTEQUILLA HONDUREÑA, FRIJOLES REFRIITOS, 2 HUEVOS, AGUACATE, CON SU OPCION DE RES O POLLO, TORTILLAS DE MAIZ, PLATANO FRITO, O 2 TORTILLAS DE HARINA.

SOPA DE RES (GF) \$22.25

A BEEF SOUP WITH CORN, BADU, YUCCA, CABBAGE, CHAYOTE, & ZUCCHINI. W/ A SIDE OF WHITE RICE, (3) CORN TORTILLAS & HOT SAUCE.

SOPA DE RES CON MAIZ, CHAYOTE, BADU, YUCCA, CALABACITAS, Y REPOLLO. CON ARROZ BLANCO, (3) TORTILLAS DE MAIZ, Y SALSA PICANTE AL LADO.

SOPA DE MONDONGO (GF) \$24.25

A BEEF HONEY COMB SOUP WITH CORN, BADU, YUCCA, CABBAGE, CHAYOTE, ZUCCHINI, & PLANTAIN COOKED IN COCONUT MILK. W/ A SIDE OF WHITE RICE, (3) CORN TORTILLAS & HOT SAUCE.

SOPA DE MONDONGO CON MAIZ, CHAYOTE, BADU, YUCCA, CALABACITAS, REPOLLO, Y PLATANO MADURO COCINADO EN LECHE DE COCO. CON ARROZ BLANCO, (3) TORTILLAS DE MAIZ, Y SALSA PICANTE AL LADO.

CHULETA CON ARROZ (GF) \$20.75

A PORK STEAK W/ WHITE RICE, FRIED PLANTAIN, REFRIED BEANS, CHIRMOL, CABBAGE SALAD, & AVOCADO. (PLEASE GIVE AN ADDITIONAL 15 MINUTES TO COOK)

UNA CHULETA DE CERDO CON ARROZ BLANCO, PLATANO MADURO, FRIJOLES REFRIITOS, CHIRMOL, ENSALADA DE REPOLLO, Y AGUACATE. (POR FAVOR DAR 15 MINUTOS ADICIONALES PARA COCINAR)

MEXICAN (ALL DAY)

ENCHILADAS VERDES (GF) \$13.75

3 CORN TORTILLAS STUFFED W/ YOUR CHOICE OF CHICKEN, CHEESE, STEAK, OR 1 OF EACH +\$2.50. COVERED IN SALSA VERDE, LETTUCE, TOMATO, AVOCADO & HONDURAN CREAM. W/ MEXICAN RICE.

3 TORTILLAS DE MAIZ RELLENAS CON POLLO, QUESO, RES, O 1 DE CADA UNO +\$2.50 CUBIERTAS EN SALSA VERDE, LECHUGA, TOMATE, AGUACATE, Y CREMA HONDUREÑA. CON ARROZ MEXICANO.

ENCHILADAS MOLE \$15.25

3 CORN TORTILLAS STUFFED W/ YOUR CHOICE OF CHICKEN, CHEESE, STEAK, OR 1 OF EACH +\$2.50 COVERED IN SACRAMENTOS SPECIAL MOLE. W/ MEXICAN RICE.

3 TORTILLAS DE MAIZ RELLENAS DE POLLO, QUESO, RES, O 1 DE CADA UNO +\$2.50 CUBIERTAS EN EL MOLE DE SACRAMENTO. CON ARROZ MEXICANO.

PLEASE ORDER AT THE COUNTER. POR FAVOR ORDENED EN LA CAJA.

\$2.50 TO SPLIT A MEAL IN TWO PLATES. EXTRA SIDES ARE AN ADDITIONAL CHARGE, AGREGAR COSAS A UN PLATILLO ES COSTO EXTRA.

LUNCH (ALL DAY)

**LUNCH SANDWICHES COME W/ A COMPLEMENTARY
BAG OF CHIPS**

T.B.A. SANDWICH \$12.35

*TURKEY, BACON, AVOCADO, LETTUCE, TOMATO, ONION,
PROVOLONE CHEESE, & CHIPOTLE AIOLI ON TOASTED
MULTIGRAIN.*

PESTO CHICKEN SANDWICH \$12.35

*CHICKEN BREAST, TOMATO, LETTUCE, PESTO & SWISS
CHEESE ON TOASTED SOURDOUGH.*

B.L.T. SANDWICH \$6.25

*BACON, LETTUCE, TOMATOES & MAYO ON TOASTED
SOURDOUGH.*

PEAR CHICKEN SALAD \$13.95

*RED ONION, CHERRY TOMATOES, ROASTED PEPPERS,
KALAMATA OLIVES ON SPINACH TOSSED IN A
HOMEMADE BALSAMIC VINAIGRETTE. TOPPED WITH
CHICKEN BREAST, FETA CHEESE & SLICED PEAR.*

SPINACH WALNUT SALAD (GF, VG) \$11.95

*FRESH SPINACH, PEAR, STRAWBERRIES, TOASTED
WALNUTS & FETA CHEESE TOSSED IN A HOMEMADE
BALSAMIC VINAIGRETTE.*

ADD CHICKEN FOR \$3.00

QUINOA POWER SALAD (DF, V, GF) \$11.95

*QUINOA, SPINACH, TOMATO, CUCUMBER, RAISINS &
AVOCADO WITH LEMON, OLIVE OIL & SALT.*

ADD CHICKEN FOR \$3.00

HOMEMADE SOUPS

BOWL \$4.85

CUP \$3.95

CREAM OF MUSHROOM (VG)

BACON AND POTATO

FRENCH ONION (BOWL ONLY) \$5.95

HOMEMADE CHILI (BOWL ONLY) \$5.95

KIDS MENU

KIDS PANCAKES W/ BERRIES (2) \$5.45

+ ADD CHOC. CHIPS +\$0.75

**KIDS SCRAMBLED EGGS W/ CHEESE & FRUIT (VG)
\$5.95**

KIDS CHICKEN TENDERS AND FRIES \$6.95

+ RANCH OR BBQ

KIDS QUESADILLA W/ SOUR CREAM \$7.95

+ ADD CHICKEN/TINGA \$3.00

+ ADD BEEF/ASADA \$5.95

+ ADD ROASTED VEGGIES \$3.00



HONDURAN (ALL DAY)

BALEADA (1) (VG) \$4.15

*A HOMEMADE FLOUR TORTILLA FILLED W/ REFRIED
BEANS, SCRAMBLED EGG, AVOCADO, CHEESE, &
HONDURAN CREAM.*

*UNA TORTILLA DE HARINA HECHA A MANO, CON
FRIJOLES REFritos, HUEVO, AGUACATE, QUESO, Y
MANTEQUILLA HONDUREÑA.*

PUPUSA (1) (GF) \$4.75

*A THICK CORN TORTILLA FILLED W/ YOUR CHOICE OF
PORK, PORK & CHEESE, CHEESE, BEANS & CHEESE, OR
LOROCO & CHEESE (PICKLED FLOWER). W/ A SIDE OF
CABBAGE SLAW & TOMATO SAUCE.*

*UNA TORTILLA GRUESA DE MAIZ RELLENA CON SU
PREFERENCIA DE CHICHARON, CHICHARON CON QUESO,
FRIJOLES CON QUESO, LOROCO CON QUESO, O SOLO
QUESO. CON UN LADO DE CURTIDO Y SALSA.*

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BREAKFAST (ALL DAY)

BERRY CREPES (VG) \$11.75

CREAM CHEESE & RICOTTA FILLING W/ BLUEBERRIES & STRAWBERRIES. TOPPED W/ RASPBERRY COULIS & CRÈME ANGLAISE.

FRENCH TOAST (VG) \$13.50

OUR HOMEMADE CHALLAH TOPPED W/ STRAWBERRIES, BLUEBERRIES, & CRÈME ANGLAISE. CARAMELIZED BANANA ON THE SIDE.

PANCAKES (VG) \$7.95

3 PANCAKES W/ FRESH BLUEBERRIES & STRAWBERRIES ON TOP, A SIDE OF SYRUP. (ADD CHOCOLATE CHIPS FOR AN ADDITIONAL \$1.25)

EGGS BENEDICT \$13.50

2 POACHED EGGS, BACON, AND ASPARAGUS W/ LEMON BÉARNAISE ON A CROISSANT. W/ A SIDE OF ROASTED POTATOES.

BREAKFAST TACOS (3) (GF) \$10.95

EGGS SCRAMBLED W/ CHORIZO, ONION, JALAPEÑO, TOMATO TOPPED W/ FETA CHEESE & CILANTRO. SIDE OF HOT SAUCE. (INDIVIDUAL TACOS \$3.95 EACH)

BACON MUSHROOM SCRAMBLE \$12.50

BACON, MUSHROOMS, ONION, ROASTED RED PEPPERS SCRAMBLED TOGETHER W/ EGGS. W/ ROASTED POTATOES & BAGUETTE.

CHILAQUILES (VG) \$12.25

FRIED TORTILLA CHIPS TOSSED IN SALSA VERDE TOPPED W/ 2 OVER EASY EGGS & FETA CHEESE.

VEGETARIAN BREAKFAST BURRITO (VG) \$9.95

SCRAMBLED EGGS, ROASTED PEPPERS, CHIPOTLE AIOLI, CHEDDAR CHEESE & LETTUCE WRAPPED IN A FLOUR TORTILLA. SIDE OF CHIRMOL.

SPINACH OMELET (VG) \$12.50

ONION, ROASTED TOMATOES, SPINACH & FETA CHEESE INSIDE A 3 EGG OMELET. W/ ROASTED POTATOES & BAGUETTE.

HAM N' SWISS OMELET \$12.50

GREEN PEPPERS, ONION, TOMATO, HAM & SWISS CHEESE INSIDE A 3 EGG OMELET. W/ ROASTED POTATOES & BAGUETTE.

BACON OMELET \$12.50

ROASTED RED PEPPERS, ONION, TOMATO, JALAPEÑO, BACON & CHEDDAR CHEESE INSIDE A 3 EGG OMELET. W/ ROASTED POTATOES & BAGUETTE.

BREAKFAST SANDWICH \$6.50

1 EGG FRIED HARD, TURKEY, PROVOLONE & CHIPOTLE AIOLI ON A CROISSANT.

BREAKFAST HASH \$14.50

POTATOES, HAM, TOMATO, JALAPEÑO, BELL PEPPER, ONION, & CHEDDAR CHEESE. W/ 2 EGGS. SIDE OF TOAST.

CHORIZO HASH \$14.50

POTATOES, CHORIZO, JALAPEÑO, ONION, TOMATO, AND QUESO FRESCO. TOPPED W/ 2 OVER EGGS & A SIDE OF (3) CORN TORTILLAS.

VEGGIE HASH \$14.50

POTATOES, MUSHROOMS, ROASTED PEPPERS, ONION, ASPARAGUS, AND SWISS CHEESE W/ 2 EGGS & TOAST.

B.Y.O. OMELET \$12.75

A 3 EGG CHEDDAR CHEESE OMELET, ADD UP TO 4 FILLINGS. (ONIONS, TOMATO, SPINACH, ROASTED PEPPERS, ROASTED TOMATOES, MUSHROOMS, JALAPEÑO) MEAT +\$1.25 PER CHOICE (CHORIZO, TURKEY, BACON, HAM) W/ ROASTED POTATOES & BAGUETTE.

B.Y.O. SCRAMBLE \$12.75

EGGS SCRAMBLED WITH YOUR CHOICE OF 3 ITEMS. (ONION, TOMATO, JALAPEÑO, ROASTED PEPPERS, ROASTED TOMATOES, MUSHROOMS, SPINACH) MEAT +\$1.25 PER CHOICE (CHORIZO, BACON, HAM, TURKEY). W/ ROASTED POTATOES & BAGUETTE.

QUICHE W/ SIDE \$8.25

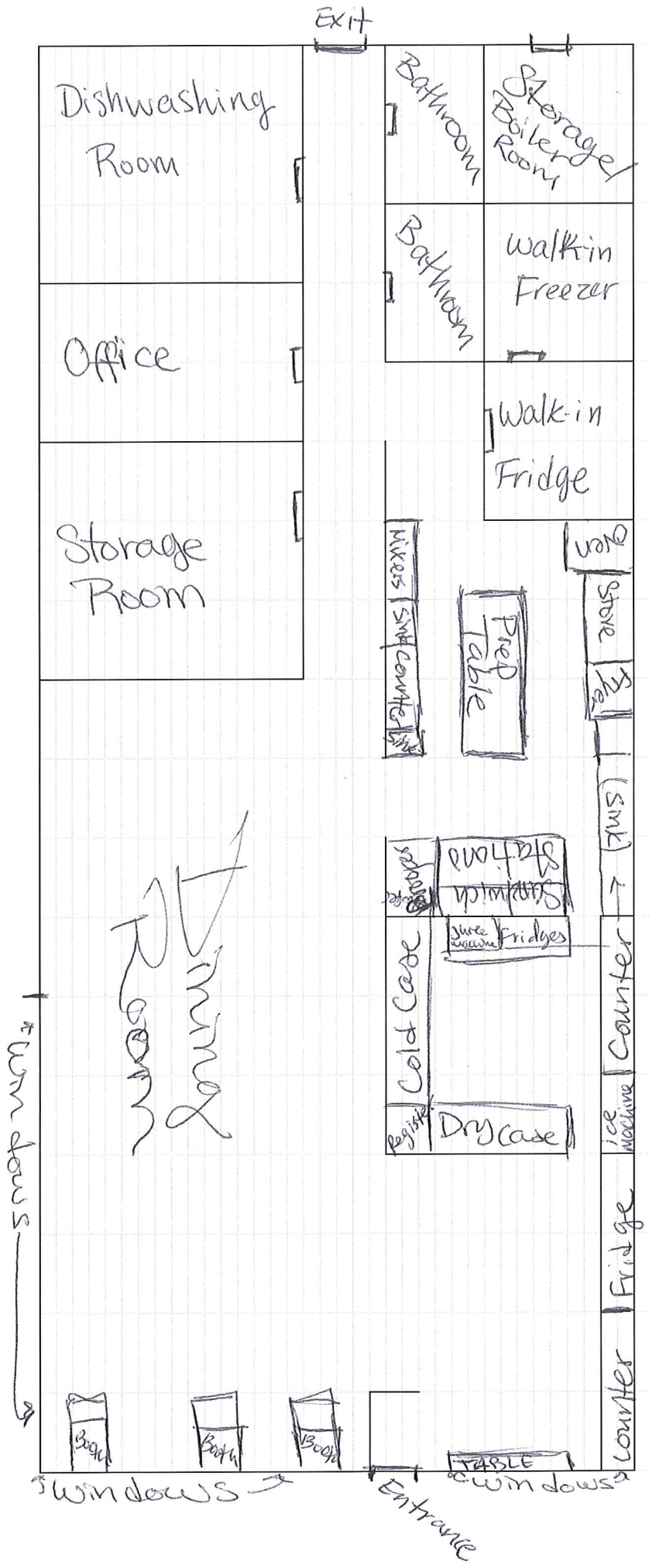
FLAVORS CHANGE DAILY. CHOICE OF VEGGIE OR MEAT. CHOICE OF SIDE SALAD OR ROASTED POTATOES OR FRESH FRUIT.

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Monona Bakery & Eatery

4544 Monona Dr. Madison, WI, 53716



Wanda Daxen & Fajen

Wanda Daxen & Fajen 23410

Monona Eatery & Bakery.

We are already in business, have been for 6 years. We are trying to add

Beer & Wine to enhance our menu.

We plan on serving Beer & Wine to enhance our Latin American Menu.