

From: [Krissie Fretschel](#)
To: [licensing](#)
Subject: For Kristen Fretschel ALRC meeting 9/28
Date: Monday, September 26, 2022 3:47:23 PM
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To the ALRC committee members,

Good afternoon. My name is Kristen Fretschel and I wanted to write my own recommendation as well. From 2016 to 2018 I was an intravenous meth and heroin user. I have recovered from a hopeless addiction that should have killed me. I graduated from the Addict Recovery Correctional (ARC) Paterson Program in september of 2018 and in 2020 I went through peer support training.

I retained full custody of my daughter, and I have a great relationship with my other children.

I have had the same job (with 4 promotions) since July of 2020. I recently received a 10% raise in my yearly salary and I am now taking on new responsibilities. I started as a server and bartender and now I am the front of house manager and private event coordinator and I honestly can not imagine being anywhere else.

I founded two recovery meetings for "Crystal Meth Anonymous." The first was in Dane county and the second in Lacrosse. The meetings will be 2 years old this October and both are doing really well. I have attached my online meeting information as proof.

I have cleared away the financial wreckage of my past. I only owe \$526.00 from 15,000.00. I have paid off all of my restitution and debts to society. I have also raised my credit score by over 200 points from a '460' to a '728'

I earned my driving privaleges again after years with no licence. I had to have an SR-22 for a year which I also completed. Now I have normal driving privileges and insurance.

My last offense (other than 3minor traffic violations) was 12/29/2017. The case closed in 2019.

I have attached my last 3 leases to this email to show stable housing as well.

My addiction has humbled me and I honestly think I am the person I am now because i where I came from and how hard I had to work to get to where I am today.