



# WARNER PARK COMMUNITY RECREATION CENTER

## MSCR REPORT – FALL 2021

### Fall 2021 REGISTRATION (September - November 2021)

| Program Area                    | Fall 2021<br># of Classes<br>Offered | # of Participants |
|---------------------------------|--------------------------------------|-------------------|
| Adult & Youth Arts & Enrichment | 15                                   | 85                |
| Youth Program                   | 1                                    | 19                |
| Kids Kamp                       | 3                                    | 91                |
| Adult Fitness                   | 15                                   | 133               |
| 50+ Fitness                     | 9                                    | 151               |
| <b>Totals</b>                   | <b>43</b>                            | <b>479</b>        |

No drop-in childcare and Parent/Child Playtime at this time.

### FALL 2021 CLASSES AND NUMBER OF SESSIONS BEING OFFERED

#### Adult & Youth Arts:

Capoeira – Youth & Family (4)  
 Acrylics & Oils (1)  
 Drawing - Back to the Basics (2)  
 Pottery - Try It (2)

Pottery - Wheel 1 (2)  
 Pottery - Wheel 2 (2)  
 Pottery Lab – Adult (1)  
 Chinese & Japanese Brush Painting- Beginning (1)

#### Youth Programs:

Kids Day Out (3)  
 Outdoor Programs - Nature Exploration (1)

#### Adult Fitness:

Fitness - Strength Training for Women(2)  
 Fitness - Outdoors Yoga for People of Color (1)  
 Fitness - Outdoors Yoga Suave (1)  
 Fitness - Outdoors Mindfulness Meditation (1)  
 Fitness - Classic Cardio & Toning (2)

Fitness - Hatha Yoga 1 (2)  
 Fitness - Hatha Yoga II (2)  
 Fitness - LGBTQ + Yoga (1)  
 Fitness - Tai Chi (1)  
 Fitness - Yin Yoga (2)

#### 50+ Fitness:

Chair Exercise (2)  
 Classic Cardio (1)  
 Tai Chi (1)  
 Core & Balance Combo (1)

Fitness Conditioning for Quality Living (2)  
 Pure Strength (1)  
 Gentle Yoga (1)