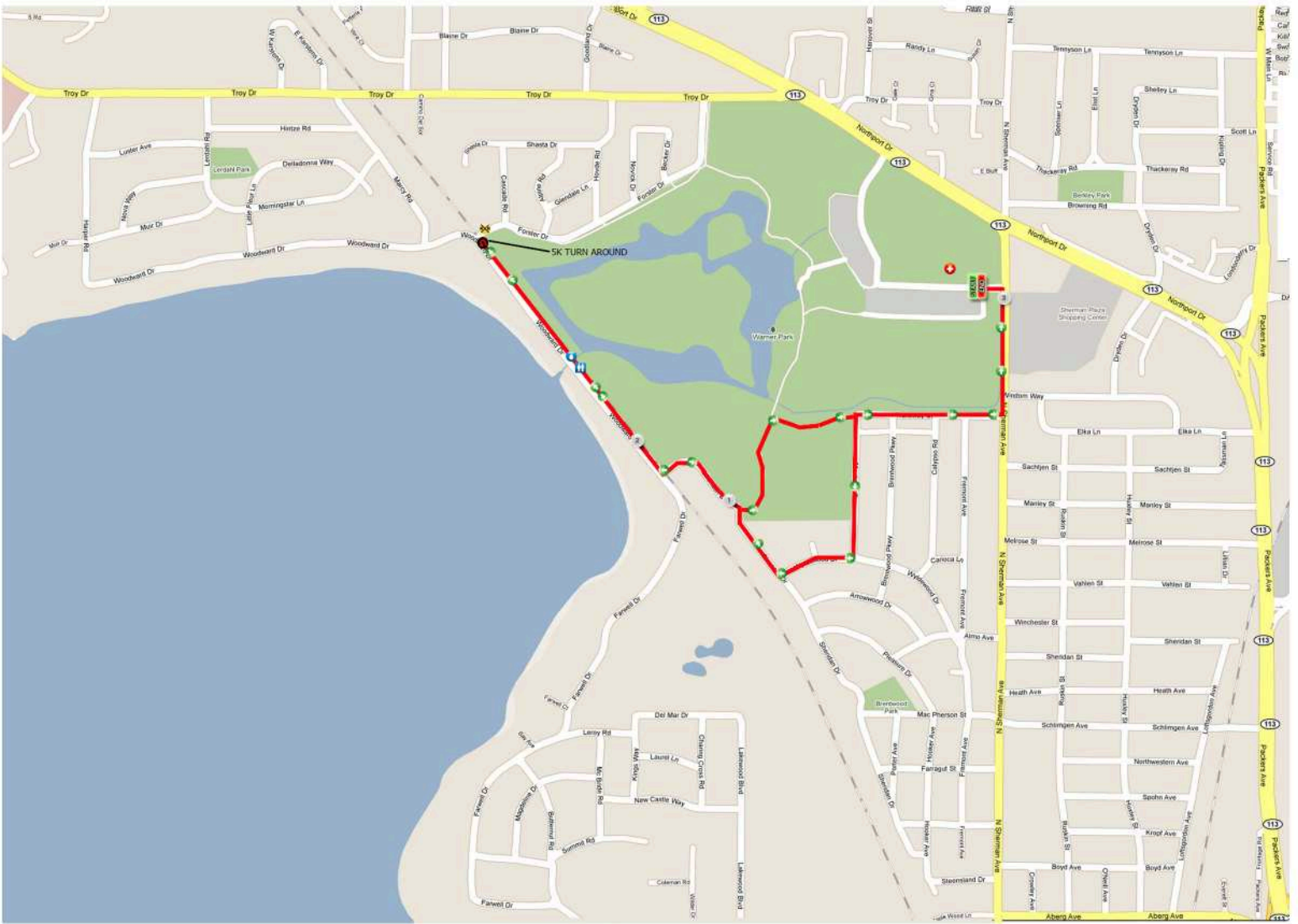


## Run To The Rhythm 5 Mile Course

9:00 am July 2, 2011

- |                            |   |
|----------------------------|---|
| ➤ Start at Warner Park     | ➤ Right on Lerdaal Rd/Morningstar Ln  |
| ➤ Right on Sherman Ave     | ➤ Right on Marcy Rd   |
| ➤ Right on Trailway St     | ➤ Left on Woodward Dr   |
| ➤ Left on Monterey Dr      | ➤ Veer Right on Woodward Dr   |
| ➤ Right on Wyldewood Dr    | ➤ Left on Sheridan Dr   |
| ➤ Right on Sheridan Dr     | ➤ Left on Pleasure Dr   |
| ➤ Right on Woodward Dr     | ➤ Left on Almo Ave  |
| ➤ Veer Left on Woodward Dr | ➤ Left on Fremont Ave   |
| ➤ Right on Harper Rd       | ➤ Right on Trailway St  |
| ➤ Right on Muir Dr         | ➤ Left on Sherman Ave   |
|                            | ➤ Left into Warner Park  |

Will need 15 course marshals to monitor intersection traffic and guide runners

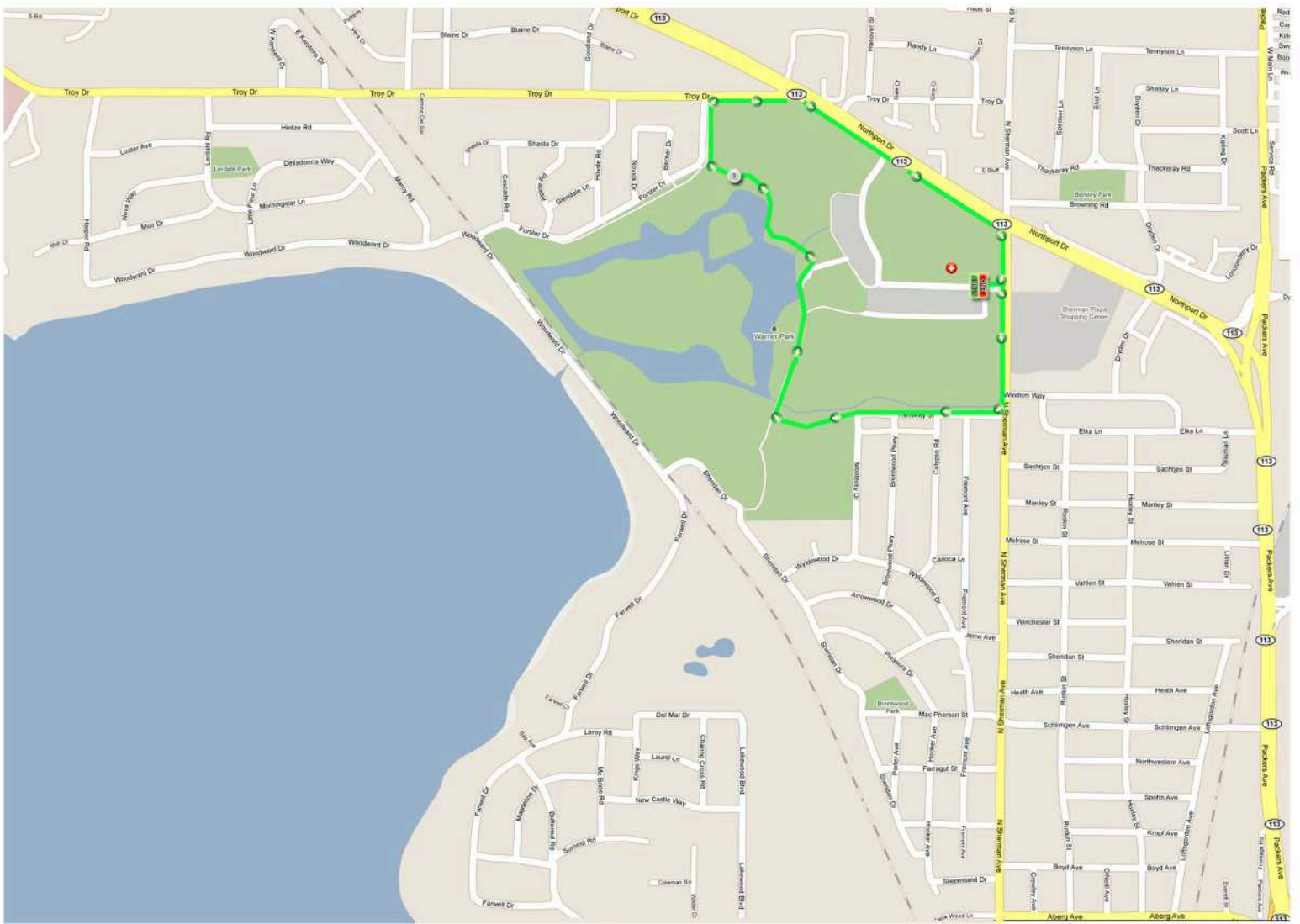


## Run To The Rhythm 5K Course

9:10 am July 2, 2011

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>➤ Start at Warner Park</li> <li>➤ Right on Sherman Ave</li> <li>➤ Right on Trailway St</li> <li>➤ Left on Monterey Dr</li> <li>➤ Right on Wyldewood Dr</li> <li>➤ Right on Sheridan Dr</li> <li>➤ Right on Woodward Dr</li> </ul> | <ul style="list-style-type: none"> <li>↪ Turn around on Woodward Dr</li> <li>➤ Left on Sheridan Dr</li> <li>➤ Left into Warner Park path</li> <li>➤ Exit Warner Park path</li> <li>➤ Straight on Trailway St</li> <li>➤ Left on Sherman Ave</li> <li>➤ Left into Warner Park </li> </ul> |
|--|---|

Will need 12 course marshals to monitor intersection traffic and guide runners

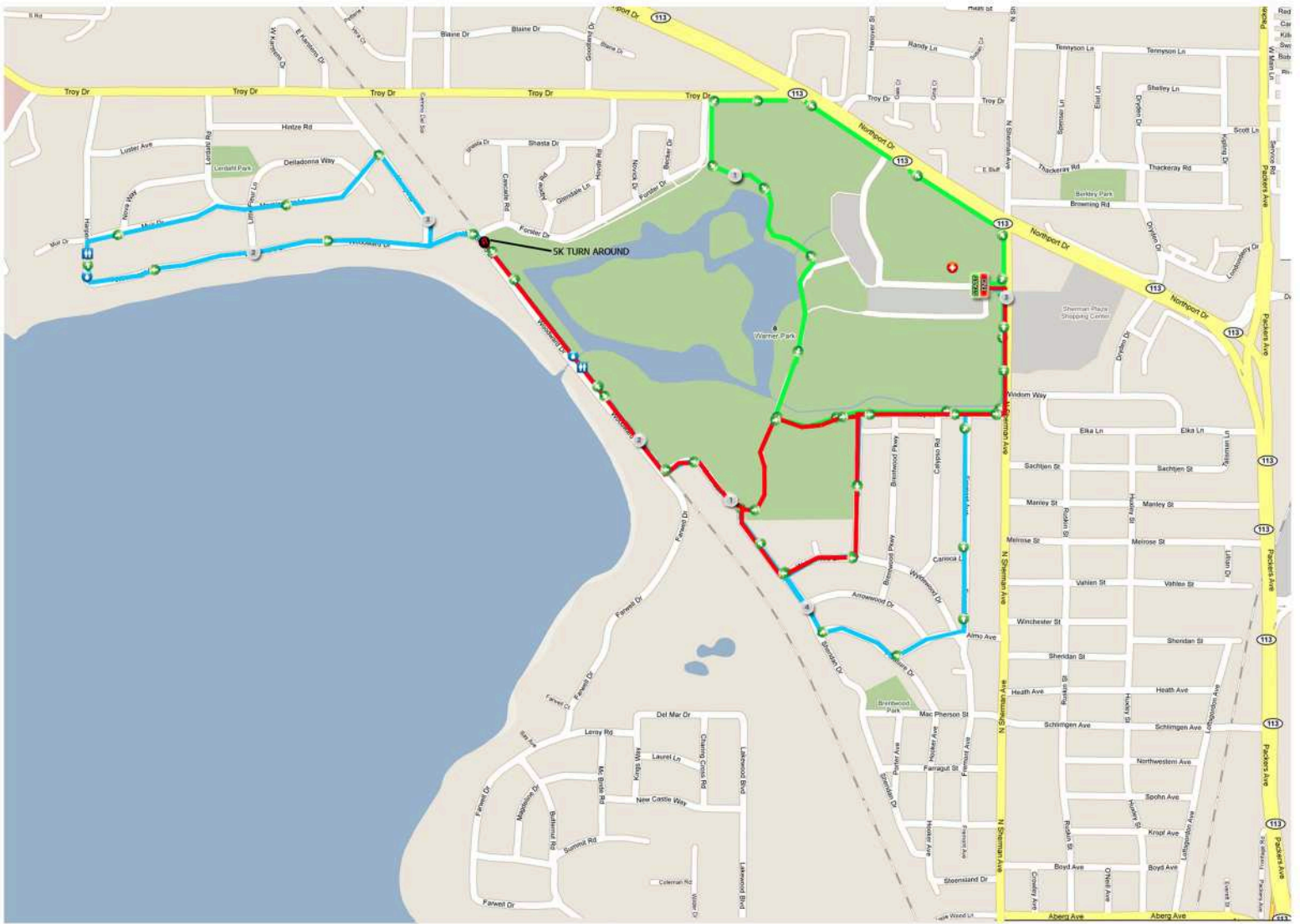


## Run To The Rhythm 2 Mile Family Walk

9:00 am July 2, 2011

- Start at Warner Park
- Left on Sherman Ave sidewalk
- Left on Northport Dr sidewalk
- Left on Forster Dr sidewalk
- Left on Warner Park bike path
- Stay on bike path
- Exit bike path to Trailway St
- Walk on grass along Trailway St
- Left on Sherman Ave sidewalk
- Left into Warner Park 🛑

Will need 9 course marshals to guide runners



## Run To The Rhythm Run/Walk

### July 2, 2011

We will need 36 volunteer course marshals to guide runners and monitor intersection traffic. Must be 21 or older  
 Busier roads that remain open will be coned off for runners on one side and one way traffic on the opposite side. Flagmen will direct cars to enter and exit the one way roads to ensure that traffic only flows in one direction at a time. The flagmen will prevent runners from being an issue to traffic and prevent traffic from being an issue to runners.

Roads that should be directed by flagmen include;

Sherman Ave (Warner Park entrance to Trailsway St) from 8:55 am until 10:30 (unless traffic lanes can be divided by cones?)

Schlingen Ave (Ruskin St to Sherman Ave) from 9:15 am - 9:40 am

Mac Pherson St (Sherman Ave to Fremont St) from 9:15 am - 9:40 am

Sheridan Dr (Logan St to Pleasure Dr) from 9:15 am to 10:00 am

Sheridan Dr (Pleasure Dr to Woodward Dr) from 9:00 am to 10:20 am

Woodward Dr (Sheridan Dr to Forster Dr) 9:00 am to 10:10 am

Woodward Dr (Forster Dr to Little Fleur Ln) 9:00 am to 10:00 am

Woodward Dr (Little Fleur Ln to Muir Dr) 9:00 am to 9:50 am

Marcy Rd (Morningstar Ln to Woodward Dr) 9:00 am to 10:00 am

**The 5 mile run and 2 mile walk will begin at 9:00 am**

**All 5 mile runners and 2 mile walkers should have exited Warner Park by 9:10 am**

**The 5K run will begin at 9:10 am**

**All 5K runners should have exited Warner Park by 9:20 am**

**The first 5 mile runner should cross the finish line at 9:25 am**

**The first 5K runner should cross the finish line at 9:25 am**

**The first walker should cross the finish line at 9:25 am**

**5 mile course will close at 10:30 am**

**The 5K course will close at 10:30 am**

**The 2 mile course will close at 10:30 am**



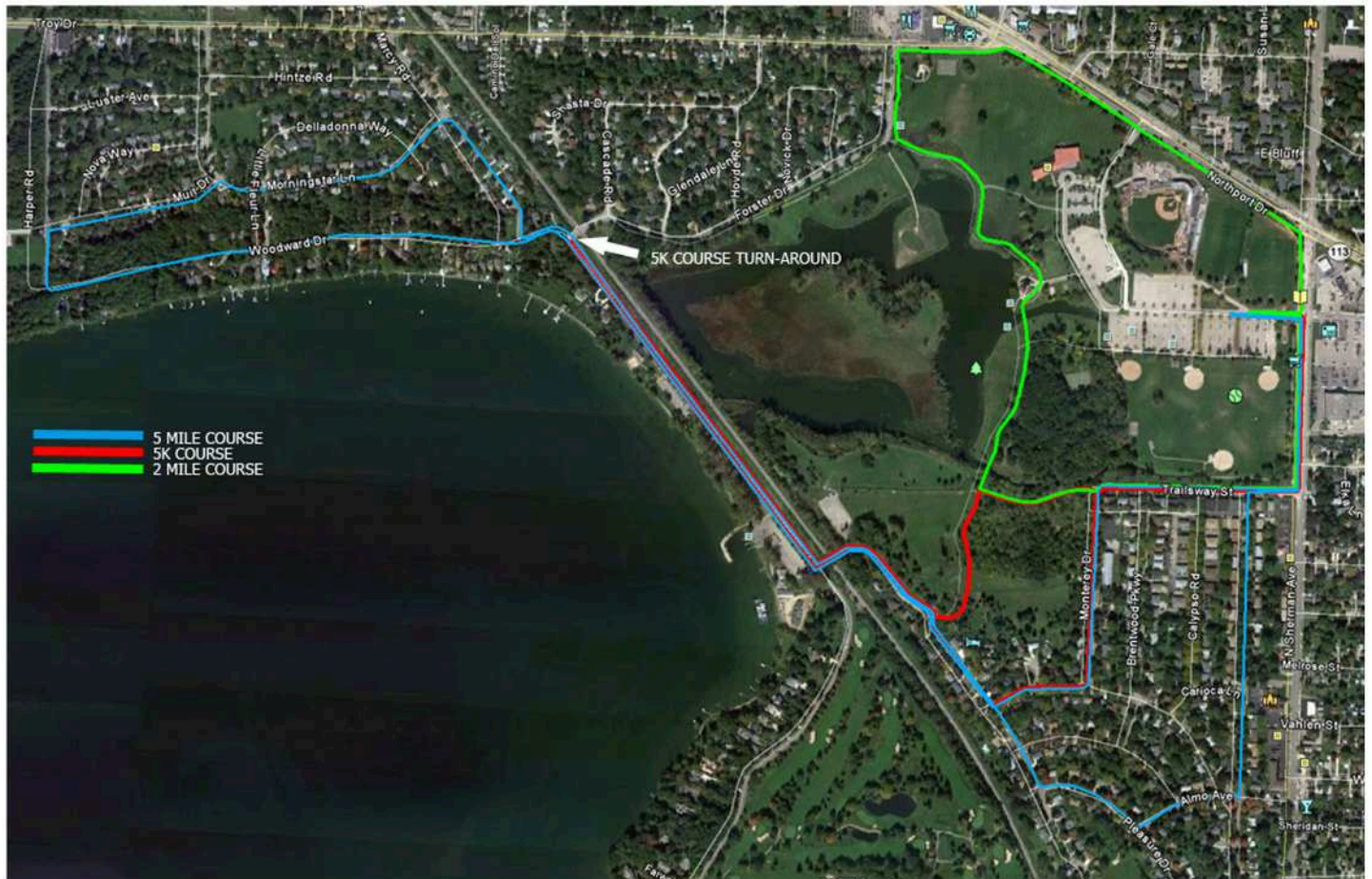
## Course Marshal Guidelines

Starting Line Events, LLC

Madison, WI

Each runner or walker is ultimately responsible for his or her own safety during the race, and each individual is responsible for following the laws of the road. Safety is promoted, in part, by maintaining an awareness of vehicles on the course, and to assist in this task we will have course marshals positioned at key intersections of the race course. SLE course marshals are responsible for helping to insure runner safety by alerting runners or walkers to vehicular traffic present on the race course, and in doing this the following guidelines are to be considered:

1. Course marshals are tasked to direct and alert runners and walkers; they do not have the legal authority to stop or direct traffic. However, if an unforeseen situation arises during a race and stopping or directing traffic would prevent an accident, then actively doing so should be given strong and immediate consideration.
2. Course marshals should wear brightly colored or reflective vests for visibility, and they should use a brightly colored flag to signal riders of vehicle traffic or roadway hazards. If a course marshal is ever in doubt about the safety of a traffic situation or a roadway condition, then always make the decision based on the safest course of action for the runners or walkers.
3. Course marshals should position themselves at the intersection in such a way as to be clearly and easily visible to approaching runners or walkers. However, course marshals are reminded to be fully cognizant of their own safety as well. That is, if standing in the middle of the road or intersection is a hazard to the course marshal, an alternative approach or position is suggested and encouraged.
4. Course marshals need to be diligent in their awareness of on-coming vehicle traffic at all times, but particularly so as the runners or walkers approach the intersection. Awareness of traffic includes surveying the intersection in all directions, not just the direction from which the runners or walkers are coming or in the direction to which the runners or walkers are turning. It is vital to look for vehicle traffic in all directions of the intersection!
5. Acting as a course marshal is not a passive task, nor is it accomplished from a seated position. If the intersection is clear of traffic, then the flag is to be used to wave the runners or walkers through. If the intersection is not clear of traffic, then the flag should be used to signal the runners or walkers to be alert, slow down or stop. In addition to using the flag, verbal directions or cautions are to be used.
6. Should a course marshal drive their personal vehicle to the intersection, then it is vital that the car be parked completely off the road and in such a way as to maintain clear and unobstructed visibility of the intersection in all directions.
7. Some intersections will ask that a Course Marshal try to control traffic. Course Marshals will let motorists know how to react to the situation, usually this involves either stopping briefly or moving through the intersection slowly as the runners or walkers pass by. Each Course Marshal will be told what to do in each intersection. Drivers are generally cooperative, however, are not required to oblige Course Marshals and do have the right of way. Never attempt to force a driver to stop or wait. If a motorist stops and/or waits, be sure to thank them for their patience.
8. Flagmen differ from Course Marshals and are required to communicate with two-way radios. Flagmen must use a reversible sign that clearly reads "slow" or "stop" on either side. If the first Flagman is letting cars pass through the caution zone, he/she is required to verbally communicate this to the second Flagman. The Flagman letting the cars through must hold the sign up that reads "slow" to caution the motorists to be alert as they pass through the caution zone. The opposite Flagman must hold up the sign that reads "stop" to warn motorists moving in that direction that oncoming vehicles are approaching and they must stop and let the oncoming motorists pass by. Caution zones are for one-way traffic only. Flagmen must keep cars moving at a reasonable rate. Never allow one side too much or too little time to clear the caution zone. Flagmen are not allowed to stand in the lane of traffic and must always stand to the side of the road. Flagmen are required to wear a safety vest and hard hat at all times.
9. In the event a passing motorist should stop to express a complaint, opinion, comment or even a derisive remark, the course marshal should exercise the utmost cordiality in conversing with the driver. Any and all remarks made by the course marshal ultimately reflect on the race and SLE as a whole, and each individual's response or admonishment should be genuinely polite, earnestly tactful and sincerely apologetic for any of the runners' or walkers' discourteous actions, misuse of the roadways or infractions of the laws. SLE's goal in dealing with upset motorists is, above all else, to prevent law enforcement from being notified. Whether the motorist's complaint is legitimate or not, should law enforcement get involved, SLE will be on the losing end of the situation. Despite our safety precautions, the remote locations of our venues and the use of course marshals, the roads on which we race are NOT closed, and we are obligated to adhere to all laws of the roads and extend to motorists the same respect and rights that we expect from them. Remember, considerate and diplomatic dealings with motorists will prevent law enforcement from being notified, and thus prevent the possibility of the race being shut down.



## PREVIOUS CONCERNS ADDRESSED

- The new courses avoid all construction zones
- (The Northport Dr sidewalks will be open for walkers)
- Less impact on surrounding neighborhoods with smaller courses
- Less environmental impact with smaller carbon footprint
- No heavy-traffic roads on any course, much less impact on motorists
- Scenic and easy course for runners
- Only walkers will use the paths that go through the Rhythm & Booms area
- (if this path has standing water, walkers are able to circumnavigate better than runners)
- Parking in Warner Park will not conflict with courses
- Madison Metro Bus routes will not be affected by the event
- Spectators will have easy viewing along entire course
- Courses will open quicker with new course designs
- 5 mile runners and walkers can start simultaneously as they go opposite directions
- Less noise to neighbors with shared start and finish lines for all 3 events
- Emergency vehicles have better access on all new courses
- Runners will not cross railroad tracks at Forster Dr
- Easy clean-up with shared water stations on courses