March 2021 Program Report

Maintain High Cognitive & Physical Function	x per month	Participants	Location	Avoid Disease & Disability	x per month	Participants	Location	Engagement with Life	x per month	participants	Location
Tai Chi (thru Goodman)	4	8	V	Let's Cook Together	2	4	V	Gay, Gray & Beyond	2	11	V
Easy Yoga Plus	8	24	V	Ballroom Basics for Balance	6	43	V	Current Events Discussion Group	1	6	V
Tablets2Go	1	16	V					The Tooles	1	24	V
Book Club	1	5	V					Voices of Color	1	17	V
Documentary Photography	1	5	V					Do I Matter? (Mary Helen Conroy)	1	30	
Line Dancing	3	28	V					Preschool - Zoom the Zoo	1	9	V
Spanish Conversation	5	35	V					Two Generations - Intergen	1	3	V
Geology BINGO	1	15	V					Edgewood - Intergenerational	1	15	V
								Zoom Tunes - Upward Spirals	1	4	
	24	136			8	47			10	119	