Natural Systems Health Impact Assessment

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PHS 740: Health Impact Assessment of Global Environmental Change

Thursday, May 5, 2016

Screening: Current status of Madison's Natural Systems

Park Lands and Open Space:

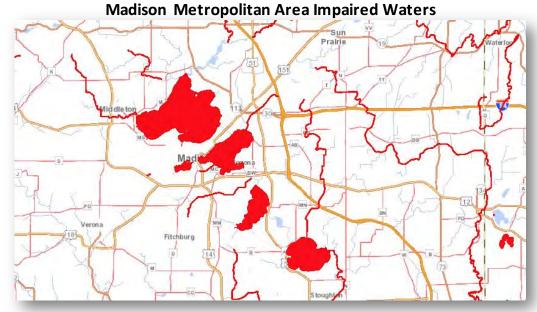
- 2,602 acres of parkland
- 2,990 acres of additional open space
- 1,193 acres of greenways

Impaired Waterways:

- Lake Monona, Lake Mendota, Lake Wingra, Wingra Creek, Odana Pond, Starkweather Creek
- Impairments: phosphorous, eutrophication, excessive algal growth, PCBs, mercury, chlorides, heavy metals, and BOD.
- 58 beach closures and 182 lost beach days on public beaches around Lake Mendota alone between 2007 and 2010.

Air Quality:

- General AQI rating of 'Good'
- 11 Dane County Air Quality Notices from 2011-2016 (ozone, pm)



Retrieved from: WI Surface Water Data Viewer

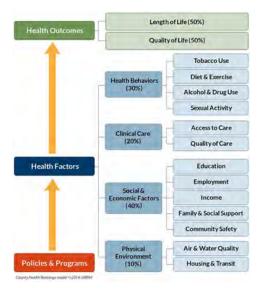
What problem are we addressing with this HIA?

The City of Madison, Wisconsin has invested significant amounts of time and energy into developing its sustainability goals and vision for the City's natural resources. The scope of the actions recommended in the Natural Systems portion of the Madison Sustainability Plan are very broad, prioritization these actions is needed in order to maximize the city's return on investment as well as the benefits afforded to residents.



Ott, K. (2003). "The Case for Strong Sustainability." In: Ott, K. & P. Thapa (eds.) (2003). Greifswald's Environmental Ethics. Greifswald: Steinbecker Verlag Ulrich Rose. ISBN 3931483320. Retrieved on: 2009-02-16.

Retrieved from: Madison Sustainability Plan



Retrieved from: County Health Rankings and Roadmaps

Natural Systems Vision:

"Madison will create a state of balance between the natural and built environments wherein human, plant and animal communities live in harmony. City residents breathe clean air, drink clean water, swim and boat in clean water and enjoy those waters from the shore. Any human alteration of natural systems is balanced with restoration and enhancement of other natural system elements."

Natural Systems Goals:

- 1. Improve air quality.
- 2. Improve groundwater/drinking water quality.
- 3. Improve surface water quality.
- 4. Improve storm water management.
- 5. Increase water conservation.
- 6. Prevent solid waste from entering landfill.
- 7. Restore and maintain natural habitat.



Wingra Park: Photo Credit by Richard Hurd

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Criteria for HIA: Narrowing the Scope

Criteria used to Narrow the Scope of our HIA:

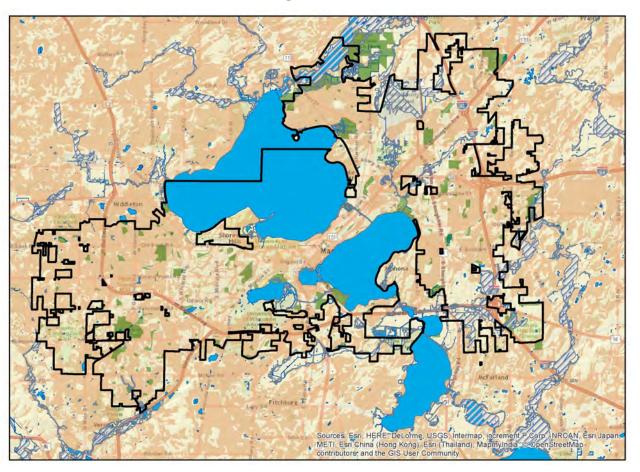
- 1. Clear connection between environmental and human health
- 2. Actionable
- 3. Data available
- 4. Published literature available

Actions Included in Our Impact Assessment:

- **Action 3-3** "Encourage infiltration, where appropriate, through the use of pervious surfaces, the creation of rain gardens, bio-swales and other natural water purification methods."
- **Action 7-1** "Use linking parks, bike trail system, and stormwater management systems to expand trail recreation, physical activity, and nature study opportunities. Link all parks and open spaces to the maximum extent possible."
- **Action 7-11** "Promote usage of public rights-of-way (public land) and parks as edible landscapes, sculpture gardens, community gardens, prairie, etc."

<u>Strategy:</u> Geographic Information Systems (GIS) analysis in order to identify locations where health benefits could be maximized.

<u>Findings Action 3-3:</u> "Encourage infiltration, where appropriate, through the use of pervious surfaces, the creation of rain gardens, bio-swales & other natural water purification methods."



Legend

Wisconsin_Municipal_Boundaries_Spring_2016

500 Year Flood Zone

100 Year Flood Zone

City of Madison Parks, Gardens, Zoos, Cemeteries

Soile

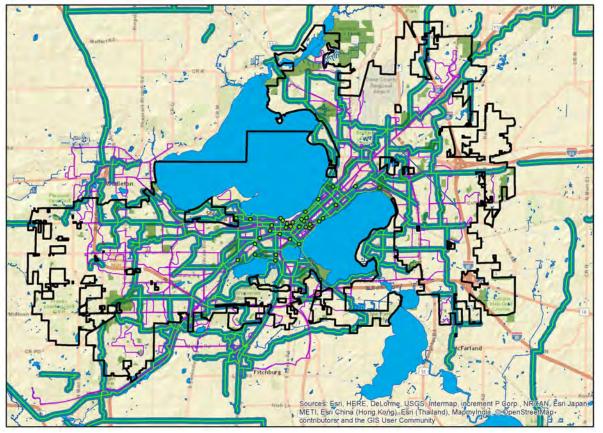
NRCS Hydrologic Soil Group A (high in filtration capacity)

NRCS Hydrologic Soil Group B (moderate infiltration capacity)

Health Benefits:

- Improved surface water quality
- Reduced risk of exposure to harmful algal blooms
- Reduced flood risk
- Fewer beach closures

<u>Findings Action 7-1:</u> "Use linking parks, bike trail system, and stormwater management systems to expand trail recreation, physical activity, and nature study opportunities. Link all parks and open spaces to the maximum extent possible."



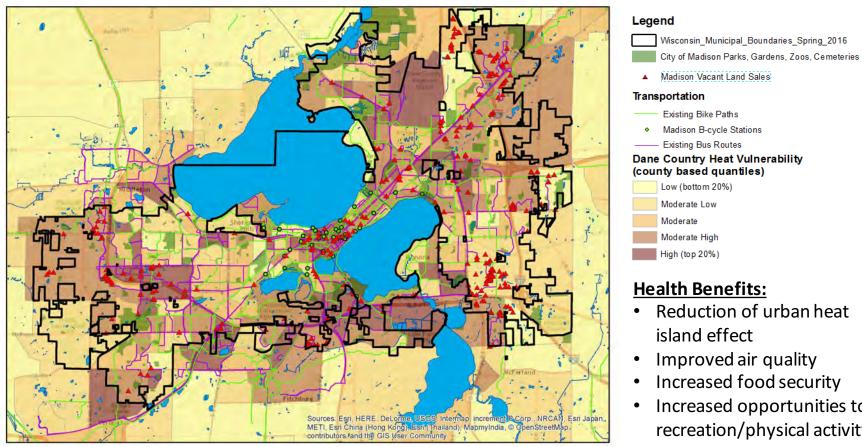
Wisconsin_Municipal_Boundaries_Spring_2016 City of Madison Parks, Gardens, Zoo, Cemeteries Bicycle Existing Bike Routes City of Madison B-cycle Stations 0.1mi Buffer Around Existing Bike Routes Bus

Health Benefits:

Existing Bus Routes

- Increased exercise
 - Physical health
 - Mental health
- Increased connectivity with nature
- Foster social/community involvement

Findings Action 7-11: "Promote usage of public rights-of-way (public land) and parks as edible landscapes, sculpture gardens, community gardens, prairie, etc."



- Reduction of urban heat island effect
- Improved air quality
- Increased food security
- Increased opportunities to recreation/physical activity

Recommendations:

- 1) Utilize this assessment as a baseline in order to target future investments in parks, open spaces, trails, and green infrastructure.
- 2) Utilize the spatial assessment to identify vulnerable communities that would best benefit from the establishment and/or expansion of parks.



Monitoring Progress Towards Recommendations:

- 1) Monitor the extent to which strategic investments are made in vulnerable communities.
- 2) Continue to monitor air quality, water quality, flood damages, stormwater infrastructure failures, and changes in urban heat island effects.
- 3) Engage citizens in identified vulnerable neighborhoods via surveys or public meetings in order to determine how changes in access to parks and open spaces are impacting their health and behavior.



Thank you!

Questions?

Promoting Multi-Use Land Planning and Active Transit in Madison

Planning and Design Kendra Brown, Mikal Drye, Ben Goodwin

Executive Summary

Using urban planning to transform the way that individuals in Madison interact with the built environment to ultimately improve health through:

Encouraging physical activity

Increasing access to healthy foods

Stimulating sustainable building

Promoting mixed-use development



Statement and Magnitude of Problem

Massive increase in chronic health problems

²/₃ Americans overweight or obese

Childhood obesity tripled since 1970s

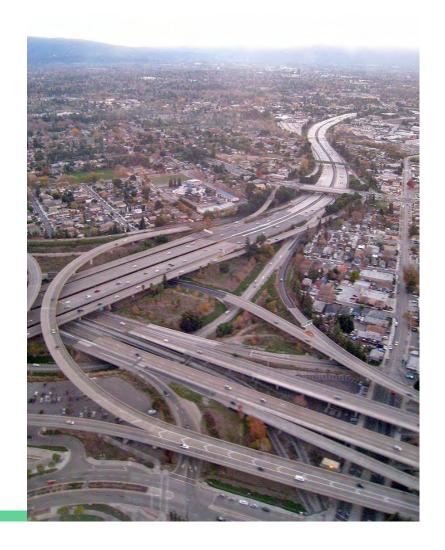
Increased rates of depression and ADHD

Linked to car-dependent, single-use city planning

Low connectivity

Low physical activity

Low access to healthy spaces



Stakeholders and Stakesharers

Who will this affect?

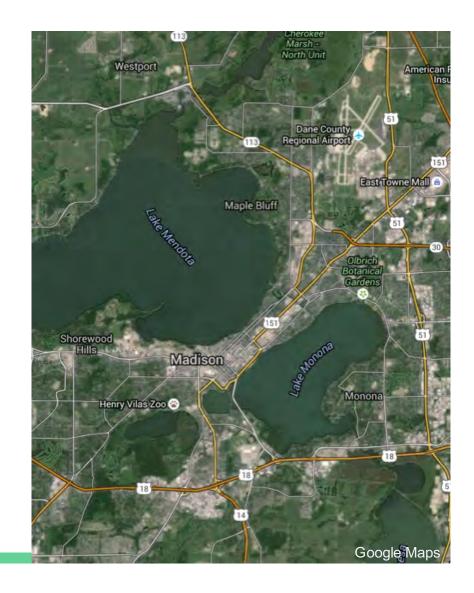
Current Residents

Future Generations

Visitors

Other municipalities

Madison has and can continue to be an exemplar of forward thinking planning for sustainability. Act local, think global.



Madison Sustainability Goals: Planning and Design

Goal 1: Improve Transportation Planning and System

Modernize and expand public transit system

Promote pedestrian and bike infrastructure

Goal 2: Foster Holistic Land Use

Use systems thinking in planning and development

Ensure residents can meet daily needs near home

Infill development

Continually review and reassess neighborhood

development plane with these objectives in mind



Madison Sustainability Goals: Planning and Design

Goal 3: Support Sustainable Infrastructure and Buildings

Incentives for sustainable building

Increased Opportunities for Physical Activity

Mixed-use Development

Goal 4: Promote and Foster Local Food Systems

Facilitate connection between local producers and consumers

Support and encourage urban agriculture and community gardens

Increase land for local food production by 200%

Recommended Actions and Rationale

Goal 1: Improve Transportation Planning and System

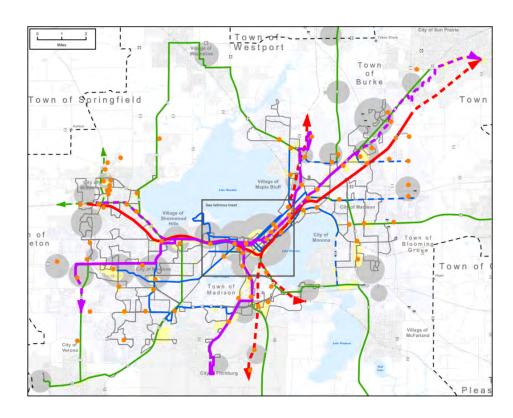
Action 4: "Planning for Bus Rapid Transit"

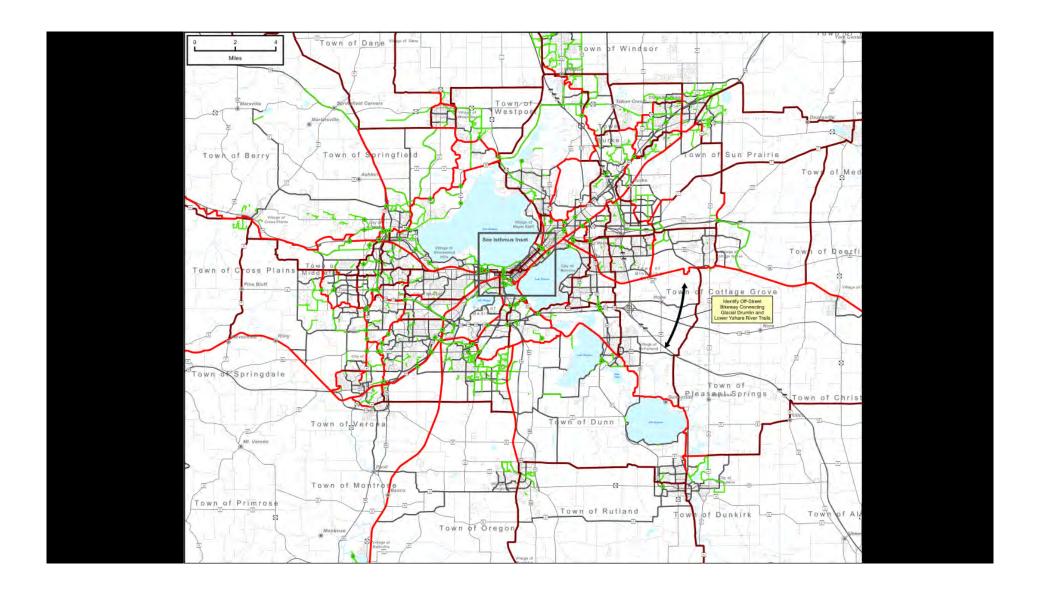
Efficient commutes

Key for transit oriented development

Action 9: "Improve pedestrian and bicycle infrastructure"

Focuses on expanding current infrastructure for active transit





Recommended Actions

Goal 2: Foster Holistic Land Use

Action 1: "Plan and create walkable neighborhoods." Upgrade walkability of existing hoods."

Build a city that is not dependent on cars

Action 4: "Encourage higher density single family dwellings"

More efficient living

Makes available more land for greenspace and parks

Action 8: "Develop guidelines for developers and committees when reinventing old commercial districts"

Find more beneficial use for land and parking lot

Assures development is well thought out

Recommended Actions

Goal 3: Support Sustainable Infrastructure

Action 7: "Create Incentive Programs Encouraging Sustainable Development"

Madison Housing Boom

Action 9: "Promoting Pocket Parks"

Cost Effective/Shorter Time Frame



Recommended Actions

Goal 4: Foster Local Food Systems

Action 2: "Work to eliminate food deserts"

Equitable access to healthy food

Action 10: "Connect local farmers with local institutions"

Farmers have a steady buyer and institutions a steady source of healthy, local food.



Barriers to Implementation

Goal 1: Improve Transportation Planning and System

State legislative opposition to Dane County Regional Transit Authority

Population growth and connecting new, suburban neighborhoods

Retrofitting old streets

Goal 2: Foster Holistic Land Use

Economic ease of leapfrog, single use development that results in urban sprawl

Lack of incentive to redevelop low income neighborhoods using holistic principles



Barriers to Implementation

Goal 3: Support Sustainable Infrastructure

Funding/Realistic Incentive Programs

Spaces for new growth/ Timeframe

Goal 4: Promote and Foster Local Food Systems

Affordability of local food

May not be economically feasible currently for producers, retailers, or consumers

Availability of local food

Societal Values

Many residents firmly entrenched in the "western



Next steps: How to monitor for progress

Goal 1: Improve Transportation Planning and System

Implementation of Bus Rapid Transit → more rapid commute times

Number of bike/walk commuters

Number of pedestrian and bicycle crashes and fatalities

Miles of bike lanes, bike paths, and sidewalks

Goal 2: Foster Holistic Land Use

Use Geographical Information System (GIS) to assess resident distance to daily needs

Residents should be within .5 miles of healthy food, health care, employment, natural space, recreation opportunities, and public transit.

Next steps: How to monitor for progress

Goal 3: Support Sustainable Infrastructure

Effectiveness of Incentive Programs

System of Observing Play and Recreation in Communities (SOPARC)

Goal 4: Promote and Foster Local Food Systems

Production of local food: Amount of food produced intended for sale in Dane County

Availability of local food: Distance to and affordability of local food

Focus on the community nutrition environment as well as the consumer nutrition environment

Freedman Food Store Survey¹

¹(Freedman, 2009) tore Audits for price, placement, and availability of various food products

Conclusions

Promote active transit and more efficient public transit

Zone for high-density, mixed-use neighborhoods close to amenities

Incentivize sustainable, "green" infrastructure

Prioritize local farmers and improve local food distribution systems



Questions?

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Health Impact Assessment City of Madison Sustainability Plan

Ana Dyreson, Austin Gerdes, Josh Wolf, Tin Nwe Oo PHS 740 Spring 2016

Transportation

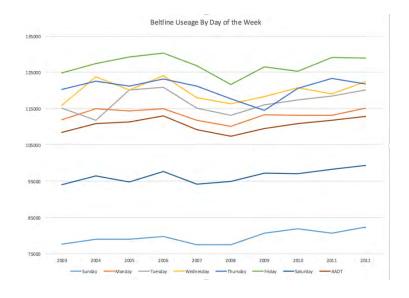
Statement of Problem

United States heavily dependent on automobiles for personal transportation- 85.3% of workers use personal auto for daily commute

73% of Dane County residents commute to work alone

Traditional solo commuting has large effects on air pollution

Solo commuters were responsible for % of total US carbon emissions.



Magnitude

Those commuting by bike or bus transit saw an increase in health benefits from participating in active transit.

Typical households spend 20% of income on transportation

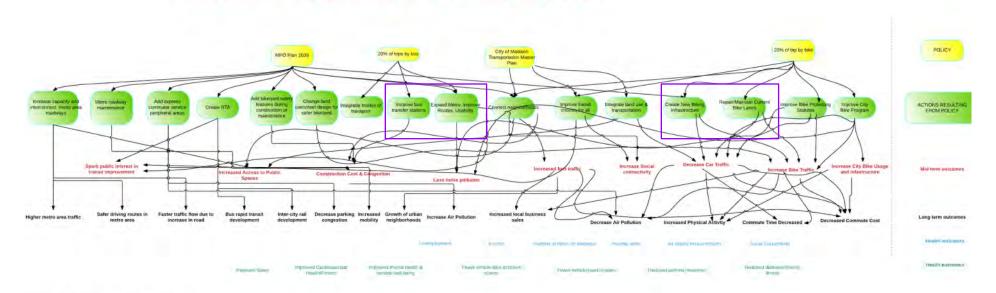
Although Madison's overall transit score is good at 7.3/10, <10% of commuters use public transportation.

20% of Dane County residents report a BMI of overweight.



Problem Mapping

Madison Sustainability Plan: Transportation Section HIA Scpoping Goals #1 and #2



It Transportation goals not included: tablish a dedicated funding source for alternative transportation. stablish uniform, consistent evaluation methods for understanding sustainable transportation usage and goal achievement. usinize the use of alternative transportation infrastructure by implementing and/or improving marketing strategies. sier better collaboration between City agencies, departments and committees.

se goals are viewed as supporting to those included in the concept map above, so their impacts are included though they are not specifically stated above.

Analysis of Intervention: overview

Expand madison metro: improve routes, usability

Madison Metro's existing system and use patterns

Air pollution health impacts for converting drivers to riders

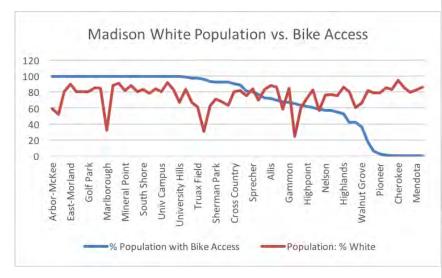
Create and maintain bike infrastructure

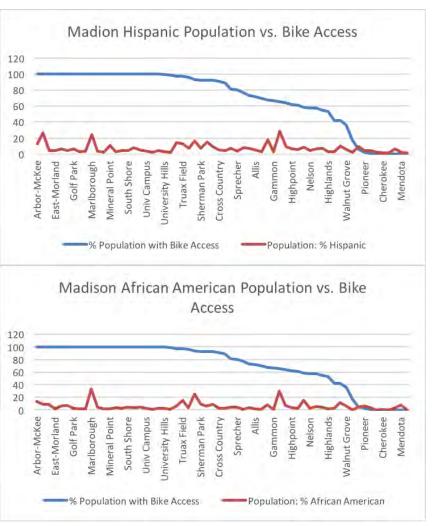
Madison's existing bike network and ridership

Air pollution health impacts for converting drivers to bikers

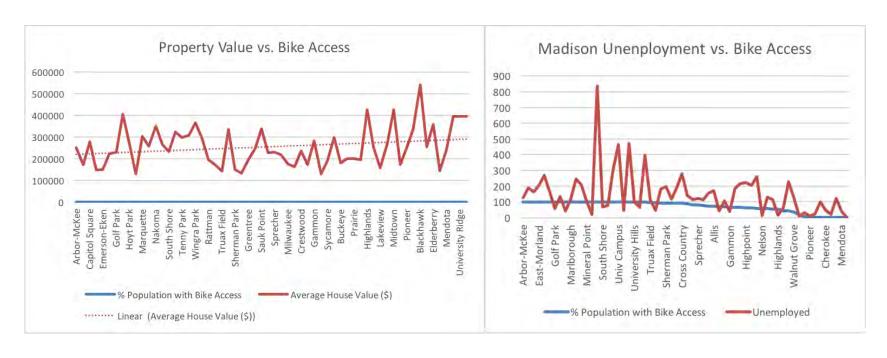
Physical activity health impacts for converting drivers to bikers

Analysis: Bike Access Vs. Race



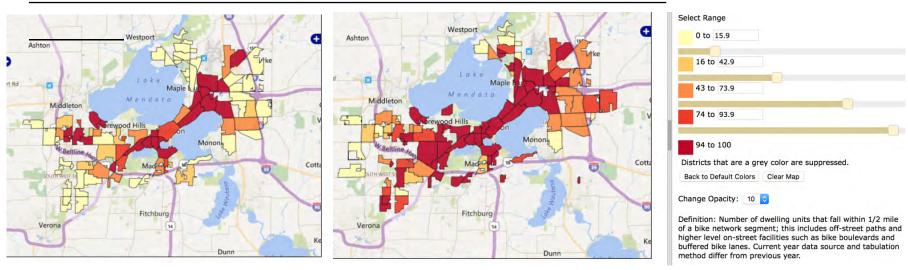


Analysis: Bike Access Vs. Other Socioeconomic Indicators

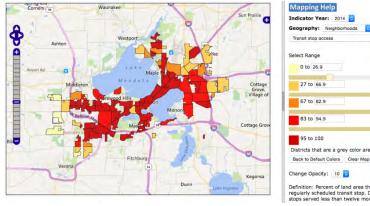


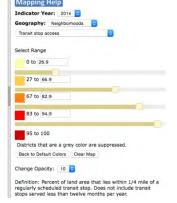
Analysis: How Bike Access has Changed

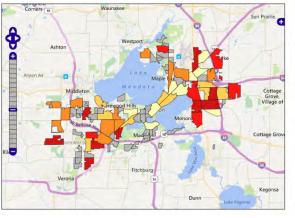
2008 2014

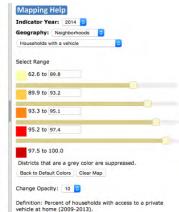


Analysis: Equity to transit access

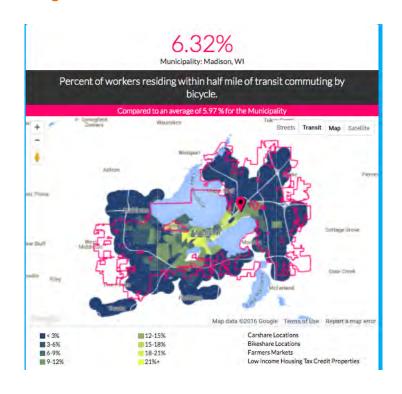


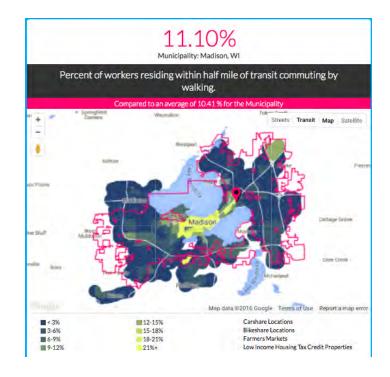






Analysis: Transits and active transport





Analysis: health impacts for physical activity

Literature survey

Increase in physical activity can increase life expectancy, even accounting for the increased risks

Cycling in the Netherlands amounts to an increase in a half year of life expectancy per adult

benefits from bicycle commuting begin later in life

Impacts of bike commuting rates in Madison due to increased physical activity.

# EAT analysis for M % of workers commuting by bike (2010 baseline)	adison #Bike Commuters	Avoided deaths per year
5.3% (baseline)	7323	1-3
10.6% (double)	14646	3-6
20% (goal)	27633	6-10

Analysis: health impacts due to air pollution

Literature survey

Research worldwide has shown the potential benefits of alternative transportation for air pollution

London and Delhi: avoided premature deaths were 122,000 in the year 2030 due to alternative transportation

Benefits vary by region and depend on baseline air quality, vehicle fleet, and other local factors

Estimates for Madison from Grabow et al.

Health benefits in Madison area for	eliminating all car trips < 8km (equ	ivalent to 20% residential use).
PM2.5 -0.02	1	565
	Mortality	Acute respiratory
Ozone ppm -0.12	<1	135

Barriers & Opportunities

Busing	Biking
Funding	Safety
Rider experiences - convenient, comfortable, inefficient travel	Public opinion on high performance of bike infrastructure
	Low priority road sharing- limited space
	Convenience and climate
	Bicycle Cost
	Challenge to bringing bus on transit
	Adequate bike storage
	Concerns of theft and vandalism

Recommendations

Expand madison metro: improve routes, usability

Focus on providing fast service in an equitable manner through the city

Leverage the quantified health benefits due to air pollution and the unquantified: mental health, physical activity, access to job.

Create and maintain bike infrastructure

Focus on supporting safe biking routes throughout the city (especially underserved neighborhoods, minority populations)

Leverage the quantified health benefits due to air pollution and physical activity

Continue to be a model city

Leverage the citizens' already above average enthusiasm for both alternative transportation to reach new riders.

Evaluation

Bike Indicators

Direct Counting, surveys, automobile usage rates

Bus Indicators

Direct Ridership Counts, surveys, automobile usage rates

Health Indicators

Cardiovascular Disease, Type II Diabetes, mental health, physical fitness

Tougher to prove causation

Question???

Madison is a great place to ride bikes, let's make it a great place for everyone to ride





Health Impact Assessment Carbon and Energy

Chris Hoffman, Nick Lardinois, Jesse Simpson May 10th 2016

Problem Statement: Carbon and Energy

- Madison is a net carbon producer
 - City
 - Businesses
 - Residents
- Actions need to be taken
 - Reduce Emissions
 - Costs Money
- Need to communicate these actions effectively
- If not communicated effectively, the plan may die at the voting booths



Stakeholders

- Government and Agencies
 - City, State, Federal
- Private Sector Businesses
- Residents
- Public Utilities
 - MGE, Alliant

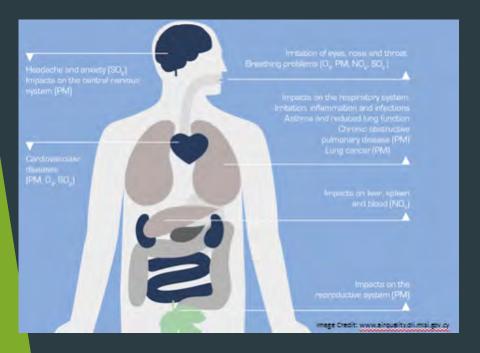






Goal 1: Influence reductions in transportation related carbon impacts

Target: Reduce car miles traveled and increase low-carbon fuel use so that Madison achieves 10% emissions reduction every 5 years to get to a goal of 40% by 2030.



Percent Reduction in Emissions by an Electric Vehicle Compare
to New Gasoline Vehicle (Source: Southwest Energy Efficiency Project)

Pollutant	% Reduction
Volatile Organic Compounds (VOC)	99.7%
Nitrogen Oxide (NOx)	76.1%
Particulate Matter between 2.5 and 10 micrometers in diameter (PM10)	49.3%
Particulate Matter smaller than 2.5 micrometers in diameter (PM2.5)	64.8%
Sulfur Dioxide (SO2)	95.7%

Goal 1: Influence reductions in transportation related carbon impacts

Target: Reduce car miles traveled and increase low-carbon fuel use so that Madison achieves 10% emissions reduction every 5 years to get to a goal of 40% by 2030.

Hidden Costs of Energy (2010) - National Research Council

Annual Vehicle Miles Traveled in Dane County: 4,920,752,245 (Wisconsin Department of Transportation)

40% Reduction: Equivalent to removing 2 billion VMT annually

ealth Improvement Opportunity	(HIO) Calculator	
Vehicle Miles Traveled	(VMT)	
Light duty (i.e:automobile) 2,000,000,000		
Heavy duty (i.e:truck)	0 miles	
atistical life	9.97 Million \$	
ate	Medium	
	Vehicle Miles Traveled Light duty (i.e:automobile)	

Criteria	ню	\$38,081,980
pollutants	HIO per VMT	1.90 ¢
Carbon	HIO	\$46,504,629
	HIO per VMT	2.33 ¢
	HIO	\$84,586,609
Total	HIO per VMT	4.23 ¢
	• •	

Goal 2: Systematically upgrade existing buildings, equipment and infrastructure

Reduce overall energy consumption by 50% of 2008 levels by 2030 in the public and private sectors.

According to ACEEE: as of 2013, the City saw a 9.1 % decrease in energy usage

Goal 2

Action 7
Retro-commissioning of city buildings
LBNL study

Action 8
One additional LEED Certified
Building per year
AJPH
38 additional work hours per yr
for employee in LEED building

Table 1. Examples of existing-building commissioning project costs and savings.

farget	Location	Sites	Energy Savings	Peak Demand savings	Cost (\$/sf)	Payback time (years)*	Source
Local government buildings	California	II yles, I.S HSf	14,3% tource energy (11% electric; 34% gas)		1.01	3.5	Amaranani et al (2005); Amaran- and Roberts (2006) Pierce and Amarani (2006)
Offices and hotels	New York	6 sites, 6 MSR		10%	0.34	2,0	Lenihan (2007) - projected
Offices	Connecticul	5 buildings; 2 MSF	8.5% electricity (3% to 20%)			D.5	Building Operating Management (2006)
Class A Offices	Connecticut	3 Sidgs; 1.2 MSF	7.3% electric		0.62	1.37	McIntoun (2008)
Hired comercial	Colorado	27 buildings; 10 MSF	7% alect	4.2% (0-26%)	0.185	1.51	Françoni et al. (2005)
Three offices + hospital	Colorado	4 buildings; 1.8 MSI		5%	0.026	0.39	Mueller et al. (2004
University buildings	California	26 buildings; 3.4 MSF	10% total source (2: 25%)	4% (3-11%)	1:00	2.5	Mills & Matthew (2009)
Elementary schools	Michigan	4-schools			0.38	2.5	Freidman (2004)
Supermarkets	Central California	10 stores; 0,5 MSI	12.1% elect (4.3- 19.3%)		0.14	0,25	Zazzara and Ward (2004); Emerson (2004)
Mixed commercial	Northwest	® buildings			0.221	3.2	Teo et al (2003)
Miyed commercial	Oregon	76 projects	10-15% electric (5%-40%)		0.175	1.24	Peterson (2004)
Mixed commercial and educational	Celifornia	All California Programs (2007-2008)	1.7-8.1% electric		0.40	3.0	PECI and Summit Building Engineers (2007) - estimates
Total or simple average whites		186	~10-15%	w746	0.41	1.8	

Nates: All impacts shown using local energy prices and commissioning costs, everages are floor-area-weighted everages

Goal 3: Improve new buildings and developments

 Create a target for new buildings and developments to meet zero net energy standards by 2030.

 Have city set example for zero net energy by retrofitting or building a facility that demonstrates techniques and concept of zero net energy by 2015.

Goal 3

Action 3

Create commercial LEED certification program

Action 7

Reduce urban heat island, optimize carbon sequestration and promote water retention

Action 8

On site energy generation 350 distributed energy sources throughout MGE service area



Goal 4: Engage the Public in Energy Efficiency and Climate Change Programs

The plan has two broad, measurable goals:

1. "Work to have 20% (currently 40,000 people based on 2010 population of Madison's population) actively participating in energy efficiency and climate change programs by 2030."

2. "Mobilize marketing, programs, measurement and targets through educational programs and community partnerships so that by 2030, 60% of Madison's population is aware that community members are being encouraged to engage in energy efficiency and climate change programs, such as Mpower Madison"



Goal 4: Scoping, Screening, and Assessment

- Actions 4 and 7 have large impact on information the public will receive.
 - Action 4: Create and Implement an Energy Consumption Feedback System - allowing consumers to compare their energy consumption with other consumers in Madison.
 - Action 7: Create rotating 5-year marketing campaign partnerships with media groups that spread the message on energy conservation and carbon reduction



Goal 5: Obtain 25% of electricity, heating, and transportation energy from clean energy sources by 2025

Adverse health effects through entirety of energy life cycle

- extraction: mining
- transportation: oil spills
- combustion: air pollution
- waste: coal ash



Goal 5: Obtain 25% of electricity, heating, and transportation energy from clean energy sources by 2025



Source: City of Madison, Engineering Division

The City of Madison has decided as part of the 2014 Adopted Budget to reduce the amount of green power the City purchases. Instead, the City has invested capital funding into implementing the Sustainability Plan which will increase the funding available for building renewable energy facilities and implementing programs to reduce energy.

2009 Actual 2010 Actual 2011 Actual 2012 Actual 2013 Actual 2014 Target

Total Amount of kWh and Therms of Renewable Energy Generated by the City of Madison 2010 Actual 2011 Actual 2012 Actual 2013 Actual 2014 Actual Nat Gas Therms 2.573 2 573 2 600 2,700 2.800 2.900 Total Electricity kW 53.28 61.9 71,35 71.35 109.75 134.75 160 3,500 134.75 140 3,000 2,573 2,573 120 2,500 100 109.75 2,000 ≥ 80 1,500 60 61.9 1,000 53.28 40 500 20 2009 Actual 2010 Actual 2011 Actual 2012 Actual 2013 Actual 2014 Actual Source: City of Madison, Engineering Division

Source: 2015 Madison Measures

Goal 6: Report Carbon Footprint to the Public

- Develop a comprehensive Carbon Footprint Report
- Highlights green house gases and air pollutants emitted
- Provide report to the public every two years.
- https://www.lafollette.wisc.edu/images /publications/workshops/2014carbon.pdf

Table 1: CO₂e Totals by Inventory Year and Sector

	2010 COze (Metric Tons)	2012 CO ₂ e (Metric Tons)	Difference	Percent
Commercial	1,574,096	2,157,848	+583,752	+37.1
Residential	859,582	823,390	-36,192	-4.4
Industrial	373,254	623,245	+249,991	+67.0
Transportation	1,073,720	822,705	-251,015	+23.4
Waste	73,641	81,290	+7,649	+10.4

Goal 6: Scoping, Screening, and Assessment

- Action 5: Publicizing the plan and incorporating goals into future planning, budget and outreach activities
- Action 6: Creating Carbon Footprint measurement and take CO2 into account when determining city projects



Recommendations

Goals complement each other

- Reduce energy emissions: Goals 1, 2, 3, 5
- Communicate relevant energy and carbon emission information, and rationale for policies: Goals 4 and 6
- Energy efficiency most cost-effective: Goals 2 and 4
- Developing new infrastructure and financial incentives important for long-term sustainability: Goals 1 and 5

Questions?

Comments?

Concerns?





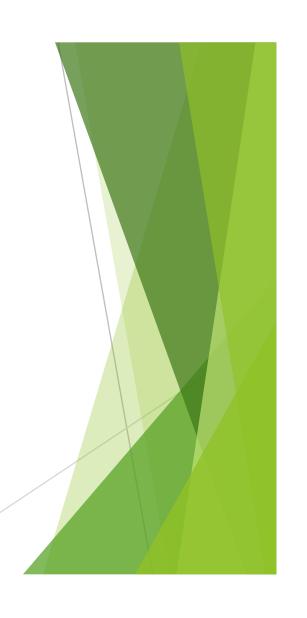
Assessing the health impacts of economic development in the Madison Sustainability Plan

By Nate Miller, Miranda Ehrlich, and Michael Wieseckel

Problems?

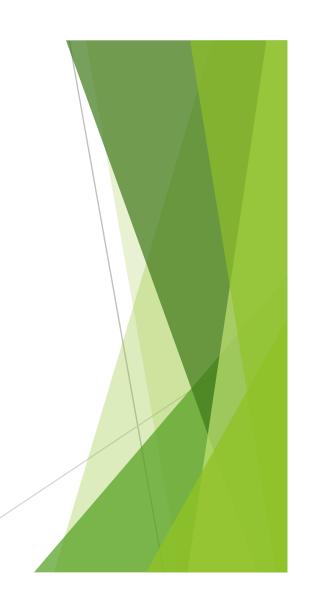
- Ranked in top 25 of Forbes "Green Cities"
- ▶ Among Brookings Institute's "20 strongest metro areas" economically
- ► More can still be done!
 - Environment
 - Economy
 - Society





Goals

- Economic Sustainability Goals
 - ► Encourage sustainable business practices
 - Share resources
 - ▶ Increase market for green products/services
 - ▶ Foster initiatives that promote sustainable economic development
 - Create sustainability index tool
 - ▶ Promote consumption of local foods
 - Support diversified economy



Health Impact Assessment Framework

- What is health impact assessment (HIA)?
 - ► "HIA is an approach to assessing the risk factors, diseases, and equity issues that create poor health outcomes in the USA" (Committee on Health Impact Assessment, National Research Council 2011).
 - ▶ HIA supports policy decision-making
 - Assesses potential health outcomes, both positive and negative
- We utilize the HIA framework throughout our analysis to inform our ultimate recommendations
- Used scoping to narrow down our analysis to primarily local food consumption/production and subsidies for clean energy initiatives

Health Impacts of Economic Development

- Madison Sustainability Plan goals have yet to be reached
- ► Failure to meet the goals within the 3 criteria could have "unhealthy negative impacts on the area's long-term quality of life."
 - ▶ Direct and Indirect Health Impacts
 - ▶ Some have access to sustainable products, but many do not
 - ▶ Low-income residents are disproportionately affected



Stakeholders

- Citizens
- Businesses
- Local Farmers
- ► City of Madison



Key Determinant: The Economies of Madison and Dane County

- Median household income: \$53,958
- ▶ Unemployment rate of 3.7%
- Most work in either the Healthcare, Agriculture, or Manufacturing
- In a current tech, biotech, and startup boom
- ▶ Create 800 jobs and \$66 million in investment in 2015





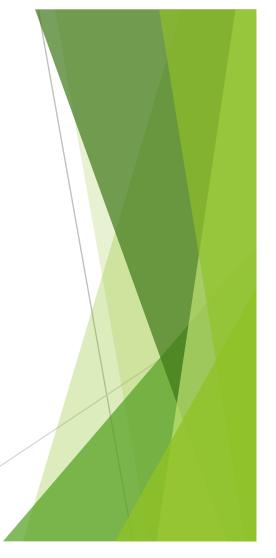












Key Determinant: Access to Local Foods

- Dane County Farmers' Market
 - ► The largest producer-only market in the US
 - Over 40 years old
 - ► Has about 150-170 individual stands during summer
 - ▶ 50-100 stands in the winter
- Other farmers' markets on the east and west sides



Key Determinant: Access to Local Foods Con't.

- Over 60 Community Gardens in the greater Dane county area
 - ► At least 50 in Madison
- ▶ Study of 26 gardens showed
 - ▶ 48% of participants fell below the poverty line
 - ► 701 families had plots representing 2137 individual people
 - An estimated 5000 hours of work was put into upkeep, operations, and administration annually



Key Determinant: Access to Local Foods Con't.

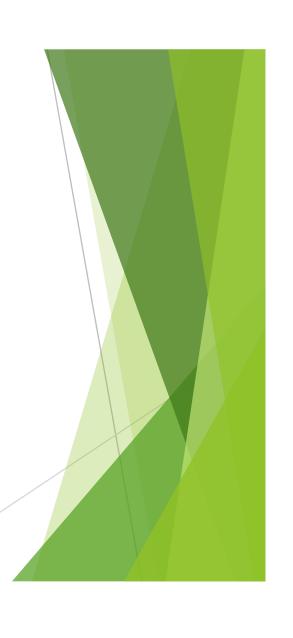
- Dane county is a major agricultural area for the state
- ► 66% of all land in Dane county is farmed
- ▶ \$15.9 million in sales
- ▶ 84.1% of these farms are family owned with another 8.2% owned by family partnerships
- ► Earn an estimated \$2.9 Million dollars in local food sales each year



Increasing Local Food Consumption

- Need to measure the amount of food consumed each year
 - Vermont Farm to Plate Initiative
- Need to define what is local
 - ▶ Current federal definition is up to 400 miles
 - ▶ That could take us to Missouri or Kansas!





Increasing Local Food Consumption Con't.

- REAP and Farm to School Initiatives
 - ► Funded by the USDA
 - ► Already in some Wisconsin schools
- Zoning for Community Gardens and Farmers' Markets
 - ▶ Community Gardens can be developed in any zone
 - ► Farmers' Markets under 15 stands can be established in NMX without needing approval
- A proposed public market



Other Sustainability Efforts

- MPower plan
- Capping of landfills in Dane County with solar panels
 - ▶ First of its kind
 - Aims at collecting and producing energy from captured carbon dioxide
 - ▶ Set to be completed in July of 2016



Barriers to Implementation and Policy Priority Setting

- Budget
- Strength of the economy
- State legislature interference
- Local attitudes
- Special interests
- Zoning



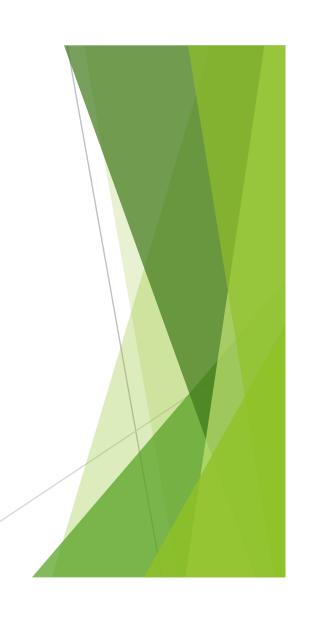
Recommendations

- Find and develop metrics to measure local food production and consumption.
- ▶ Increase local food consumption at sites like senior centers, low-income sites, child-care centers and schools.
- ▶ Increase support for Public Market and Packaging Facility efforts.
- ▶ Define key words such as "sustainable" in the context of business.
- ▶ Identify specific goals and benchmarks within the sustainability plan.
- Adopt a multi-faceted outreach approach for communicating this plan to the public.

Evaluation and Next Steps

- ► Health surveys to determine local food consumption patterns
- Farmers' market growth measurements
- ▶ Determine amount of money spent on local produce

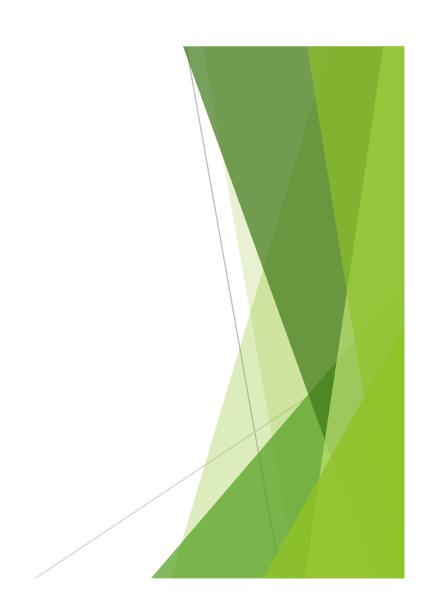




Conclusion

- ▶ Sustainable economic development can have positive health impacts
 - ▶ While some drawbacks exist (such as runoff from increased local agriculture), the risks outweigh the benefits
- ▶ Local food is a primary area for economic development
- Other initiatives (such as subsidies for solar, etc.) are better taken up at the state and federal levels due to budgetary concerns

Questions?



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Madison Sustainability Plan

Vision

"An informed citizenry that is committed to the stewardship of resources, respect for place, and the health and well-being of the broader community, now and in the future...MMSD has a unique opportunity to create awareness of the environmental, economic and social principles associated with sustainability and to facilitate cultural and behavioral shifts that will lead to more sustainable living, both now and in the future."

Goals

- 1. Support and collaborate with educational institutions in their sustainability efforts and initiatives.
- 2. Ensure all youth have access to environmental stewardship programs and information.
- 3. Raise sustainability awareness within the Madison Community.
- 4. Promote sustainable purchasing initiatives.
- 5. Support "Healthy Schools" programming.



Scoping Map

Collaborate with UW	menute efficient allocation of resources increased well-being transportation	all
	increased funding for initialtingreased awareness of health issues sust. knowledge	all
Support Sust. Initiatives at local inst. Collaborate w/ inst.	med conservation knowledge decrease energy use pollution pollution	o all
5. Sust. School Buildings	long (setting sust. Building standardeased awareness of health issues () energy use ()	children
6. MMSD Sust: Plan	long increased sust. Guidence increased well-being sust. knowledge	children
	connected leaining a sed awareness of health issues	children
	sustainability training aged awareness of health issues O sust: knowledge O	childre
Cross-committee collaboration	med adding community gardens healthier diet obesity	- children
	increased dialogureased awareness of health issues O sust. knowledge	- children
/	increased knowledge of food O healthier diet O obesity O	- children
Support School/community Gardens	short Increase in healthy fruits/veggies healthier diet obesity	all
qualitative 2 5	increase in walking/biking O more activity O obesity O	- children
2. Access to Env.2PF@@aHkaging.biking/walking.school buses	short decrease in emissions cleaner air asthma	all
3. Promote health challenges	med O encourage involvement O increased well-being O obesity O	o all
Connect Neighborhoods/Resource Teams	med O provide opportunitionea@ed awareness of health issues O social health O	all
5. Safe Routes to school	increase in walking/biking increased activity obesity	- children
5. Sale Roules to school	decrease in emissions O cleaner air O asthma O	o all
Maintain sustainability handbook	short (increased access to information) increased well-being (equity (all
Raise Community Awareness Refine Website	short (increased access to information) increased well-being O equity O	o all
Kaise Community Awareness 4. Create toolkit	med O increased sust. Awareness O increased well-being O sust. knowledge O	o all
Collaborate w/ edu. Institutions	medicreased community engage inertia sed awareness of health issues increased network	all
quantitative 2. Increased Sust. Curricula 2.	med O more sust. Literate citizemeased awareness of health issues O sust. knowledge O	- children
3. Close achievement gap	long Omore focus on minority educion increased minority health Omore equity Omore e	
too broad 3) Raise Community Awarenes3. (Increase social media presence	med involving the commi untle ased awareness of health issues social health	all
Raise Community Aleaconies (ate w/ community organizations)	medicreased community engageinereased awareness of health issues O increased network O	o all
	increase in healthy & organic fruits/veggies healthier diet obesity/avoidance of chemicals	- children
local/organic food for school meals/support local agr infrastructure	ince ased support of local businessescreased community engagement strengthen community economy (all
less transportation of	of food & businesses set up in town, not on theletingseed sprawl, habitat loss, pollution reduced environmental impact	all
2. school/cleaning supplies without toxins	letsorb@portunity for contact with toxins healthier environment decr. Asthma, headaches	o all
qualitative Promote sustainable purchasingles/equipment from local vendors	short aßed support of local businessescreased community engagement §trengthen community economy (o all
4. fuel-efficient vehicles	med O decrease in emissions O cleaner air O asthma O	all
5. MMSD's Sust. Schools Initiative	long O increased sust. Guidence O increased well-being O sust. knowledge O	o children
Award system for healthy food policies	shorti@crease in healthy fruits/veggies healthier diet obesity	- children
Wellness programming for staff, students, parents	médicre ased sustainability awareness increased well-being sustainability knowledge	o all
3. Produce grown on school grounds	increased knowledge of food healthier diet obesity	all
	Increase in healthy fruits/veggies healthier diet obesity	- children

Focus: Madison Metropolitan School District (MMSD)



- Connection between education, environment and health
 - We know school is a place of learning, and that behaviors learned at a young age can affect behaviors through a lifetime
- Feasibility of Action
 - MMSD is progressive school district, with the institutional desire to improve sustainability education and food infrastructure
- Available Resources
 - By narrowing it down, can target cost-efficient strategies that reach the largest number of kids

Current Education Climate



- Madison Metropolitan School District (MMSD) enrolls 27,000+ students in 48 schools
- Annual budget for 2015-2016 = \$332 million
- MMSD students perform better than the state average on...
 - Reading/Math
 - AP Exams
 - ACT
- Madison is #2 place to raise children according to study in Children's Health
 Magazine
 - Criteria included quality of schools, teacher to student ratio, and strength of curriculum
- MMSD has an Aaa credit rating (excellent); district among small percentage of Wisconsin school districts in financial strength.

What problem are we addressing with our HIA?

Poor Health Outcomes

- 93% of kids do not get daily recommended serving of vegetables
- 33% of kids are overweight or obese
- 21% of medical spending (\$190.2 billion) caused by obesity/comorbidities

Role of Supporters of the Madison Sustainability Plan

- Connect stakeholders
- Advocate for healthier, more sustainable schools
- Provide guidance to the MMSD







#1: Sustainable Institutional Purchasing

Three Aspects

- Support already existing school-level initiatives (REAP)
- Join a Food Purchasing Group
- Create School Wellness Committees

Goals

- Feasibility (MEDIUM): Support from local producers, but may be difficult to see as a priority
- Equity (HIGH): Reaches entirety of school population, everyday
- Efficiency (LOW): More costly, difficult to work around what is in season
- Health benefits (HIGH): Large health benefits to eating fresh produce, long-term learning

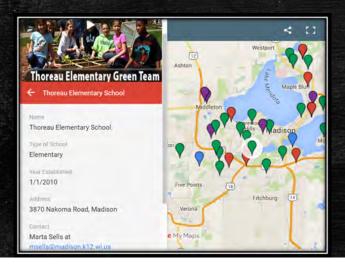




#2: Education for Sustainability (EfS) into Core Curriculum

Description of the alternative

- Would provide K-12th grade the skills/tools necessary for healthy lifestyles and sustainable decision making; increase fresh produce
- Example projects/curriculum include...
 - School Gardens
 - Environmental Footprint Calculators
 - Hula Hoop Biodiversity



<u>Feasibility (MEDIUM):</u> new core curriculum barrier, but progressive with support

<u>Efficiency (MEDIUM):</u> High cost to train (initial start-up); but low maintenance for future

Equity (MEDIUM/HIGH): 27,000+ students; misses private schools, depends on admin/parental support

Health Benefits (HIGH): sustainable education provides ability to learn healthy and sustainable lifestyles; reduce risk of chronic disease; surplus of fresh produces

#3: Award System

FLORIDA FARM TO SCHOOL

Golden Shovel

Awards

- MMSD's participation in USED's award system
- Community ceremonies
- Example award systems:
 - USED Green Ribbon Schools
 - Florida Golden Shovel Awards

Feasibility (HIGH): current examples Efficiency (HIGH): time spent filling out applications

Equity (LOW): concern for unfairness between health/wellness programs Health Benefits (MEDIUM): improved community behavior



Goals/Alternative Matrix

Goals	#1 Sustainable Institutional Purchasing	#2 Education for Sustainability	#3 Award System
Feasibility (Technical, Political, Scientific)	MEDIUM	MEDIUM	HIGH
Efficiency	LOW	MEDIUM	HIGH
Equity	HIGH	MEDIUM/HIGH	LOW
Health Benefits/Outcomes	HIGH	HIGH	MEDIUM

Recommendations/Monitoring Success

- Recommendation: Supporters of MSP propose our three alternatives to MMSD
- Primary Evaluation (including qualitative & quantitative analysis):
 - Supporters of the MSP should follow- up on recommendations made to MMSD
 - MMSD should measure success (pre & post-program evaluations of students' knowledge, administrative & parental satisfaction, and behavior change)
 - Interviews, surveys, other records of indicators (hours of sustainability education, # of outdoor classrooms, gardens implemented, meals served, etc.)
- Secondary Evaluation (optional)
 - 3rd party evaluation of long-term health outcomes
 - Awards given (by USED & MMSD's own award system)

What Questions Do You Have?

Sustainable Madison Plan Affordable Housing

PHS 740.HIA

Melinda Fenn, Carolyn Harvey, Ashton Rollings

May 5, 2016



What's the Issue?

- 1/3 of households spend 30% of their income on housing.
- Half of the those who earn 50% AMI, spend 50% of their income on housing.
- Between 2010 and 2040 there will be an additional 64,000 households: 11,000 of these will earn 50% of the AMI.
- Too few rental units
- Too many small rental units



Why should I care?

Affordable Housing =

Food Security and Nutrition, Safety, Education, Child care, Transportation, Regular Health Visits

Affordable Housing =

Strong Communities, Stable Work Forces, Healthy Families, Healthy Children, Protects Vulnerable Populations,

All Healthy Things Grow; if families are spending 30-50% of their income on housing that's not happening.

Where Do We Start?

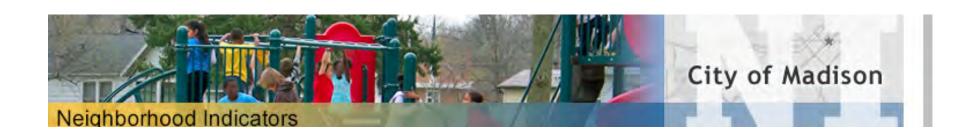
- Goals & Actions
- Diversify Neighborhoods
- Build Affordable Housing
- Near Transportation
- Energy Efficiency Updates
- •Green Housing
- Decentralize Services

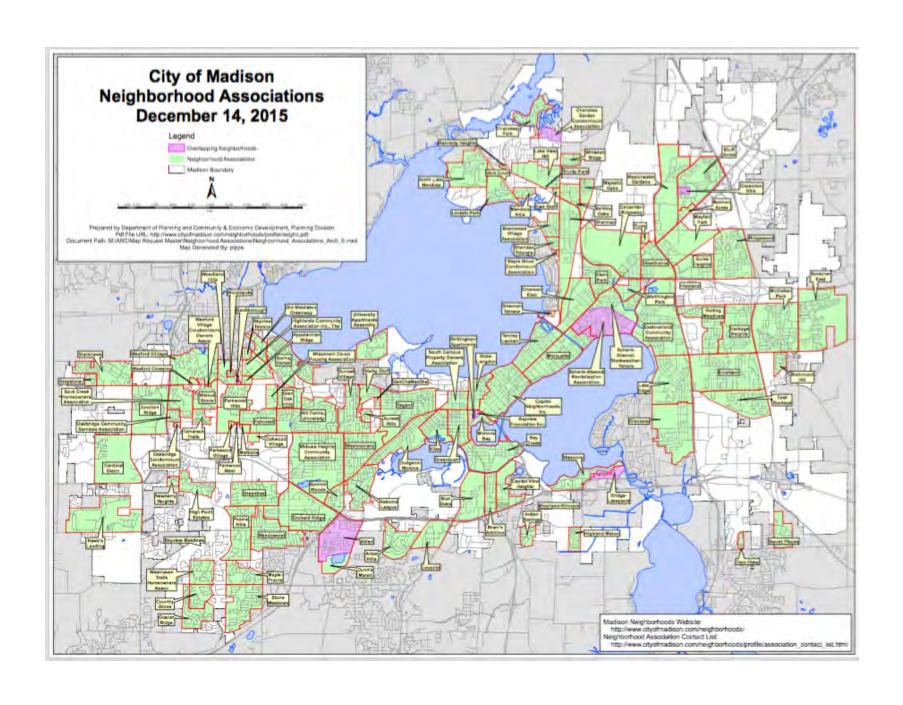
Key Determinants



Policy, Programs, Actions

Goal: Diversify neighborhoods
Using Neighborhood Indicators, identify
neighborhoods that would:
Benefit from economic diversity
Be willing to work with the city to expand
affordable housing in the neighborhood





- Work with neighborhood associations to locate underutilized buildings and eyesores
- Work with developers to convert this space into quality affordable housing

Neighborhood association votes to oppose Marling Lumber redevelopment proposal





http://host.madison.com/ct/business/neighborhood-association-votes-to-oppose-marling-lumber-redevelopment-proposal/article_61887f16-a070-59e8-9a47-076a1b28292f.html

Marquette Neighborhood Association board member Jesse Pycha-Holst criticized the developer, Campbell Capital Group, for not seeking affordable housing options

"We've asked the Campbell group at every turn to even do a very cursory inquest into including an affordable housing component," he said. "Not that all 230 units be affordable housing, but just to do due diligence and do some homework and maybe pick up a phone and make a call or two and find out if there were any subsidies available at the local, state or federal level. What we were told quite repeatedly is, 'That's not our business model."

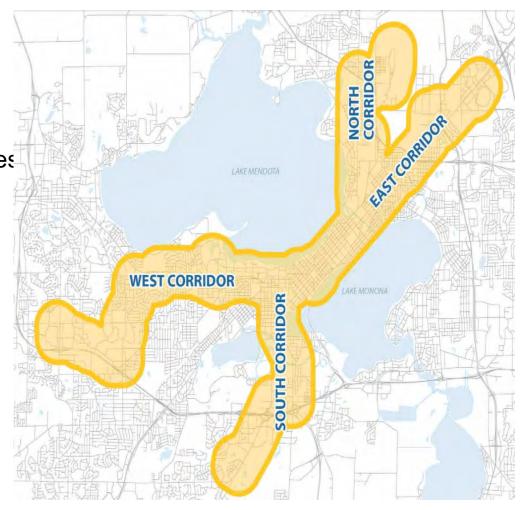
Policy, Programs, Actions

Bus Rapid Transit

Reduce transit travel time
Improve connections
Expand carrying capacity
Improve operational efficiencies

Feasibility Health Impacts

Access to Services
Social and Economic
Health Behaviors
Environment



East Towne Mall Madison College Dane Co. Job Center **4** Œ O MIDDLETON MADISON **UW Hospital UW Campus** Capitol Square 6 Meriter Hospital MONONA Origin Location West Towne Mall Odana Rd. Alignment 3 Percent of households owning zero cars 0 % - 1.2% 1.2% - 3.8% 0 **Low Income Population** 1 dot = 1.2 persons FITCHBURG

Figure 30: Low Income/Transit Dependent Origin Destination Pair Locations

Source: Madison Area Transp. Planning Board

Table 61: Low Income/Transit Dependent Origin Destination Pairs

	Origin In	tersection	Closest Corridor	Major Employment and/or Shopping Area	Existing transit in- vehicle travel time (minutes)	Proposed invehicle service travel time (minutes)	Difference (minute)	% Time Savings
1	Thackeray Rd	N Sherman Ave	North	Meriter Hospital	41	24	-17	41%
2	W Olin Ave	Lowell St	South	Dane County Job Center	36	23	-13	36%
3	Cypress Way	Dane Street	South	Madison College	44	30	-14	32%
4	E Johnson St	North Street	East	East Towne Mall	20	15	-5	25%
5	E Gorham St	N Paterson St	East	West Towne Mall	48	38	-10	21%
6	Shepard Terrace	Kendall Avenue	West	Capitol Square	16	13	-3	19%
7	Watts Road	S High Point Rd	West	Capitol Square	41	35	-6	15%
8	Wright St	Anderson St	East	Capitol Square	19	18	-1	5%
9	Luann Ln	Greenway Cross	South	West Towne Mall	33	32	-1	3%
10	Sara Rd	Putnam Rd	West	UW Campus	38	38*	0	0%
11	University Ave	Parmenter St	West	UW Hospitals and Clinics	36	36*	0	0%
12	Milwaukee St	Portland Pkwy	East	UW Campus	25	25*	0	0%

^{*}Note: Using existing local routes would be faster than using BRT to make this trip; therefore it is assumed passengers would continue to use local routes and would not see a difference in travel times.

Source: Madison Area Transp. Planning Board

Daily Walking Trips & Transit Travel



Source: Madison Area Transp. Planning Board

Average time most Americans spend walking each day :6 minutes



Median time public transit users spend walking each day: 19 minutes



Daily walking time recommended by Centers for Disease Control: 22 minutes



Source: Madison Area Transp. Planning Board

Policy, Programs, Actions

Policy/ Program	Technical Feasibility	Economic Feasibility	Political Feasibility	Administrative Feasibility	Health Impacts
WHEDA Energy and improvement Loans	High	High	High	High	Low
WHEAP Weatherization	Moderate to High	High	High	Moderate to High	Moderate to High

Recommendations

- Encourage neighborhood associations to participate in developing affordable housing and increasing economic diversity
- 1. Build Rapid Transit
- 1. Educate the community and provide resources for owners, renters and landlords to access funds for energy updates.
- 4. Conduct Energy Audits: make use of WHEPA funds.

Supporting Actions

- Build Partnerships
 - Most affordable housing projects have between 7 and 12 funders/partners.





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http://www.waptac.org/Grantee-Contacts.aspx?dstate=Wl#results



A Health Impact Assessment: Art, Design and Culture

Overview

- Madison Sustainability Plan: Art, Design and Culture
- Health Impact Assessment
- Importance of Sustainable Art
- Key Determinants
- Magnitude of the Problem
- Actions and their health benefits
- Barriers
- Recommendations
- Evaluation



Sustainability

 "A dynamic process which enables all people to realize their potential and improve their quality of life in ways which simultaneously protect and enhance the Earth's support systems" UK Forum for the Future



Art, Design and Culture

Goal 1: Integrate environmental sustainability into Madison's arts program and art and design into the city's sustainability efforts

- 1. Encourage sustainable practices in Madison's Public Art Program.
- 2. Create an addendum to the Public Art Framework and Field Guide that includes guidelines for achieving sustainability in Madison's Public Art Program.
- 3. Research and identify best practices in sustainable art and design and encourage incorporation of such standards into public art projects.
- 4. Support neighborhood dance instruction for children and adults.

Art, Design and Culture

Goal 2: Include sustainable art in city infrastructure projects

- Encourage development of projects that serve our community and ecosystem by maintaining high design and environmental standards, creativity and community involvement.
- 2. Require artist and designer participation in municipal projects over \$1 million and reserve a percentage of the project budget to fund the art/design fees.

Health Impact Assessment

- Examine the goals and actions of Art, Design and Culture of the sustainability plan to understand their effects on health
- Scope of Examination
 - Encourage sustainable practices in Madison's Public Art Program
 - Create an addendum to the Public Art Framework and Field Guide that includes guidelines for achieving sustainability in Madison's Public Art Program
 - Support neighborhood art programs** (not just dance instruction!)
 - Green Festivals**

Importance of Sustainable Art

Art has the ability to educate and inform the public about sustainability

Create a new lens to view sustainability



Marsh Zone 2000



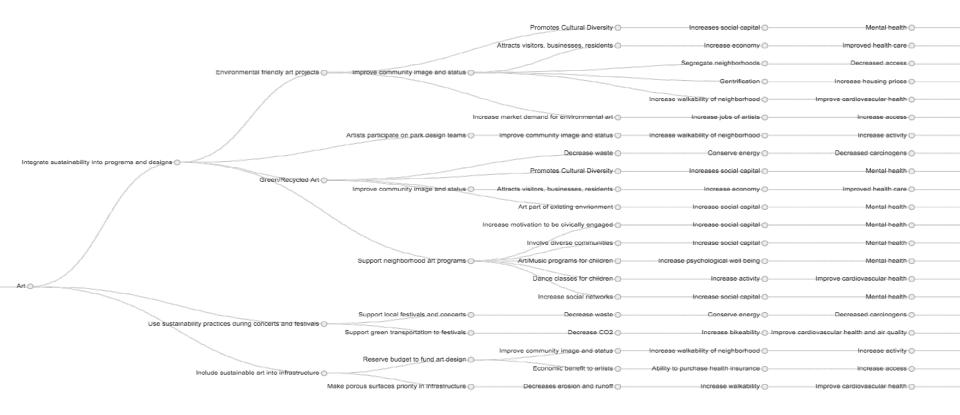
RiverCubes

Key Determinants

- A lack of local sustainability guidelines
- Communication of stakeholders
 - Madison Arts Commission
 - Sustain Dane
 - Artists
 - Developers
 - Community Leaders
- Funding
 - 2015 state budget allocated \$80,000 to Municipal Art Fund
- Knowledge



Scoping: Art, Design and Culture



Creation of an addendum to Public Art Framework

- 10 principles for artists to follow when creating projects in Madison
- Current framework creates measures for:
 - Art in City Building
 - Community Partnerships: Art in Private Development
 - Public Art Ventures
 - Private
- Indirect health benefits from using recycled materials and improving mental health by requiring sustainability in art

Encourage Sustainable Practice in Madison's Public Art Programs

Mental Health

- Can be used to educate children about ecological boundaries
- Serve a greater purpose, such as habitat formation
- Addresses climate change in a more 'psychologically digestible' way.

Recycled Materials

- Cleans up neighborhoods and environments
- Inspires creativity within artists and/or program participants

Walkability

- Public art improves aesthetic of neighborhood
- Improved aesthetics improves walkability
- Increased walkability of neighborhoods reduces overall hypertension risk

Support Neighborhood Art Programs

- Community-based art education (CBAE) implicated in positive mental health outcomes
 - Active
 - Passive
- Social Capital linked to placemaking
 - Place attachment



Green Festivals

- Reduction in C02 (from waste management to transportation costs)
- Reduction in food waste
- Overall reduction in carbon footprint

Photo: summercampfestivals.com





Barriers

Funding for supplies, especially in community-based programs
Art Education seen as increasingly less important compared to STEM, despite links to mental health and social capital

 Could limit further growth of sustainable art

Gentrification & lack of community appropriate/community sensitive art education

Photo: Birmingham AL city website

Recommendations

- Increase support for organizations such as Sustain Dane
 - Specifically, The smART program, a sustainable neighborhood initiative developed directly in response to the 2011 Sustainability Goals.
- Madison Art Commission partner with Sustain Dane to create neighborhood art programs
- Have Madison Art Commission adopt Public Art Sustainability Assessment and use when providing grants
- Adopt guidelines for green festivals
 - The Icarus Foundation, A Greener Festival LTD

Evaluation

- Utilize the Integrated Questionnaire for the Measurement of Social Capital every 5 years
- Measure benefits to mental health every five years using combination of the following
 - Self-reported mental health symptoms
 - Self-reported full diagnostic disorders
 - Physicians' billings for outpatient mental health visits
 - Use of psychotropic medications
- Measure number of MAC grants offered to sustainable art projects
- Measure participant satisfaction in community art groups yearly
- Measure amount of recycled material from festivals

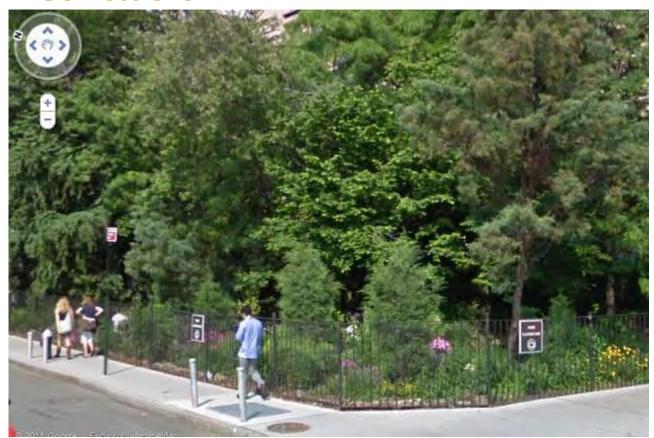
Evaluation: a case study!

Yale School of Medicine's evaluation on Philadelphia's Porch Light program can be a guideline for other communities who are interested in evaluating the impact sustainable art initiatives have

- Decreases in relapses of addiction and better adherence to treatments and other therapies recommended by their providers
- Increases in standardized neighborhood walking environments/safety (After two years residents who lived within a mile of a Porch Light mural had more efficacy and more understanding for those with mental health struggles)
- Yale also observed a site where a mural was put up by Mural Arts but without community engagement, they observed
 improvements in "rate of decay" except there was no reduction of stigma in the community of a certain issue like there
 was when a specific group was engaged. The School of Medicine survey also used neighborhood efficacy and aesthetic
 measures which were standardized. Neighborhoods receiving mural installations saw improvements in both
 measurements.

Developing standardized and quantitative measurements to evaluate programs' outcomes can help justify their funding and continue their existence and proliferation!

Conclusion



Art is an important part of a community. If done sustainably, it can be even better for residents and even positively impact their health and the environment!

While benefits can be hard to quantify and mostly associated with mental health, this does not mean it should be disregarded.

<<<This is art! Where is it?

Photo: Histories of Things to Come blog

A Final Plug: Sustainable Spaces & Stress Relief

- One of two inaugural Allen Centennial Garden Design Challenge winners
 - o Theme: Green Medicine
- "Barefooted Women"
 - Removed concrete walkway
 - Chamomile, sage, lavender for medicinal scents; marigold and double coneflower to attract butterflies
- Official reveal Friday, May 6th at 6pm; live music and Dogs on Call



Image courtesy of Erin Foley, 2016

Questions?

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