

The Rainbow Project Service Array



1. Family Treatment Clinic

- Children & adult caregivers
- Largest program area
- Our core competency
- Psychotherapy (individual, family)
- Systemic (multidisciplinary team) coordination
- *Early childhood zones mental health enhancement & Rainbow Project Reach Dane Branch Office*

2. Acute Intervention & Stabilization

- Children & adult caregivers
- Timely intervention minimizes negative impact of trauma
- Goal is to stabilize and return to pre-crisis level of functioning
- *Safe Step, Rapid Response*

3. Group Support & Treatment

- For children: *Bounce Back, CBITS, FACE-Kids, Yo soy, Yo Soy Unico/a*
- For adult caregivers: *Coaches' Corner, De Mujer a Mujer, Grandparents & Other Relatives as Parents*

4. Professional Consultation

- Observation/consultation of children in early childhood/school setting
- Goal is to increase capacity of staff with the child
- Presentations, professional development
- Community Education
- *CORE, Speakers Bureau, Networking & Learning Laboratory*

The Rainbow Project Program Descriptions



Early Intervention / Treatment Program

A core Rainbow Program that includes a comprehensive, individualized service model providing best practice trauma informed, culturally competent services to children and families. Including assessment/evaluation, referral, advocacy, interagency coordination, play therapy, parent education, individual, family therapy, in-home services, consultation in daycare, schools, foster homes.

Children of Violent Homes Prevention Program

A collaboration between Rainbow, Domestic Abuse Intervention Services, Briarpatch Youth Services and Family Services to provide services across ages and needs for children/youth exposed to domestic violence.

Rainbow Rapid Response Team

This special team provides immediate response and support for children and families involved in community violence and/or trauma crisis situations. RRRT provides first response services, including crisis support, trauma screening, referral, and follow-up to ensure stabilization for children and families. The team also provides trauma focused training presentations to help raise awareness and understanding in the community of best practice responses to trauma.

SAFE STEP Program

Rainbow collaboration with SAFE Harbor, Journey Mental Health Center, Oasis Project, Family Services and others to provide a prompt trauma assessment and support for a child and non-abusing parent following a Safe Harbor forensic interview for child abuse, child sexual abuse, neglect or domestic violence.

F.A.C.E.- Kids

A multi-agency collaboration that provides groups for children and youth in Dane County. Groups are held in the community, schools, care settings and the Rainbow Project. Groups focus on building positive social skills, self-esteem, anger & stress management, problem solving skills, and affective development.

Grandparents And Other Relatives As Parents

Monthly support and education group, warm-line phone resource, monthly newsletter, child development and management resources for grandparents who are primary caregivers for their grandchildren.

Coach's Corner: Emotion Coaching

A ten-week long group for dads and moms where they can share their experiences and learn how to understand and coach their child's emotions. Each week participants learn skills to help make sense of their child's feelings and ultimately behaviors. Dinner and professional childcare is provided (RSVP is required).

Early Childhood CORE Program (Consultation, Observation, Referrals, and Education)

Rainbow Project therapists partner with early childhood educators and childcare providers to offer in-depth training, support, and consultation for centers throughout Dane County. Services include on-site trainings for providers and caregivers that address a wide range of topics, as well as observations of classrooms and/or specific to address behavioral challenges.

Community Education Speaker's Bureau

The Rainbow Project Community Education Coordinator and Rainbow therapists offer training in-services, workshops, seminars, and resources for a wide range of audiences working with children & families.

Program Services for Latino Children & Families

De Mujer a Mujer, a support group for Latina Women. Childcare is provided. **Madres y Hijas, Yo Soy! Yo Soy Unica!**, a self-esteem building group for Latina girls and their moms and grandmothers in the public schools.