

Rainbow C.O.R.E. Program Services

Provided in early childhood programs, school settings, and community programs throughout Madison and Dane County, the mission of the Rainbow Project's CORE Program is to partner with early childhood educators to enhance and deepen their skills, knowledge and resources to meet the diverse needs of children and families they serve. These needs may include behavioral challenges, social-emotional development concerns, and exposure to trauma or stress. CORE can provide two services: observation/consultation in the classroom, and trainings for staff and/or caregivers on topics they request.



Observation and Consultation in the Classroom

CORE is designed to provide support and mental health consultation for early childhood staff as well as caregivers. The Rainbow Project provides on-site observation and consultation for individual children that may be exhibiting concerning behaviors, as well as entire classrooms. Consultation services are collaborative and may involve educators, families, and

program directors to develop concrete strategies for how to best help the children in their programs with their social-emotional needs.

Child and Family Therapists at The Rainbow Project specialize in the social-emotional development and health of children, infants through elementary school.

Educational Trainings & Presentations

We can provide trainings to staff members and/or caregivers.

Commonly Requested Topics Include:

- The impact of trauma on young children & families
- Infant & early childhood social/emotional development, attachment, & individuation
- Promoting individual differences, positive cultural awareness, & identity in children
- Enhancing play for children & teachers
- Anger, coping, & stress management skills for kids
- Relaxation & mindfulness in the classroom
- Challenging behaviors: what they tell us & strategies for reducing them
- Discipline vs. punishment
- Meeting the challenges of domestic violence
- Understanding sexual development, recognizing sexual abuse, & teaching protective behaviors
- Understanding grief & loss in young children
- Reducing anxiety & increasing impulse control
- Helping children with transitions
- Sensory differences & activities
- Nurturing children's groups in the classroom

Therapists are able to tailor trainings to your needs. Please contact us to make a request.



"I have been an early childhood teacher for three decades but I am feeling helpless with some of the challenges children and families are presenting in the classroom. I go home sad and hopeless. The Rainbow Project CORE program has helped me so much in dealing with and understanding their behaviors, the needs and their strengths and my strengths as well. They are a lifeline for us because I know we can make a positive difference for children and families. Rainbow also taught us how to take care of ourselves and not burn out. Thank you Rainbow!"

---Early childhood teacher

"Therapists at the Rainbow Project have been essential to us as an ongoing professional resource. They have supported our teachers through in-service education and specific family cases. This beneficial training & consultation has had a profound effect on our entire early childhood center community. If we as a city, state and Nation are on a public journey to create healthy individuals, assist troubled families & provide excellent childcare, then it is time to recognize the Rainbow Project for the hard work and dedication that they are already doing. If creating a better future is truly what society wants, I can say with great respect that the Rainbow Project is the agency for this mission."

---Director, Early Childhood Program

The CORE Program

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For additional information
Contact the Referral and Community Programs Coordinator

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Consultation



On-site Observations



Resources



Educational Presentations

Collaborating with early childhood educators to support young children's social-emotional development and meet diverse needs in the classroom